NACHC Telehealth Office Hour
Thursday January 12, 2023
NACHC supports several user groups for Health Centers that utilize various Electronic Health Record (EHR) platforms. These user groups provide a vehicle for health centers to meet and discuss common issues, share experiences and gain valuable insight on accomplishments and best practices.

**Supported Vendors:**
- athenaOne
- athenaFlow/athenaPractice (formerly Centricity)
- eClinicalWorks
- Epic
- Greenway Intergy
- NextGen Healthcare

**Benefits of joining an EHR User Group:**
- Connect with other Health Centers who use the same EHR platform as you do.
- Discuss issues and enhancements that are most important to Health Centers.
- Groups are led by Health Centers, HCCN’s and PCA staff on a voluntary basis.
- Online forums to exchange ideas, lessons learned and best practices.
- Groups meet both virtually and in-person.
- NACHC provides support via WebEx, conference calls and meeting space at our major conferences.

Questions? E-mail: PStringfield@nachc.org
EHR Learning Collaborative

Application is now OPEN!

EHR Optimization
February – May 2023

NACHC will offer a Learning Collaborative for Community Health Centers and FQHC Look-a-likes operating on any Electronic Health Record. Learning Collaborative participants will understand strategies on how to optimize their Electronic Health Record system in accordance with elements from the human centered design. Health centers will demonstrate this knowledge by building a team of “customers” who will act as EHR Champions, performing a needs assessment, building an EHR Optimization Workplan and executing improvements to the EHR in coordination with the Champions and the vendor.
2023 Billing, Coding, Documentation & Quality Webinar Series

**January 24th**: 2:00 – 3:30 PM ET
Top 5 Documentation and Revenue Tips in Community Health

**January 31st**: 2:00 – 3:30 PM ET
Treating Substance/Opioid Use Disorders via Medication-Assisted Treatment (MAT) in Community Health

*Earn up to 3 CEU’s by attending both webinars.*
National Health Center Telehealth Resource Center (TRC): A NACHC-TRC Joint Project for FQHCs Telehealth Operations

- FQHC fee-for-service Medicaid telehealth policy section on CCHP’s Policy Finder.

- FQHCs are encouraged to reach out to their TRC for their telehealth questions. Check NCTRC website to find your TRC.

- FQHC telehealth billing questions email box: FQHCquestions@cchpca.org

- Environmental scan of telehealth training & technical assistance (TTA) resources https://www.healthcenterinfo.org/details/?id=4123
Today’s Session: Telehealth Policy Updates

Speakers for this session will provide insights regarding telehealth policy updates. As telehealth policy continues to change throughout the Public Health Emergency (PHE), it is imperative for health centers to understand guidance during and post the public health emergency.

**Presenter:**
- Mei Kwong, Executive Director, Center for Connected Health Policy
Telehealth Policy in 2023

January 12, 2023
National Association of Community Health Centers

Mei Wa Kwong, JD,
Executive Director, CCHP
DISCLAIMERS

• Any information provided in today’s talk is not to be regarded as legal advice. Today’s talk is purely for informational purposes.

• Always consult with legal counsel.

• CCHP has no relevant financial interest, arrangement, or affiliation with any organizations related to commercial products or services discussed in this program.
# Telehealth Policy Changes in COVID-19

## Federal

<table>
<thead>
<tr>
<th>Medicare Issue</th>
<th>Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Geographic Limit</td>
<td>Waived</td>
</tr>
<tr>
<td>Site limitation</td>
<td>Waived</td>
</tr>
<tr>
<td>Provider List</td>
<td>Expanded</td>
</tr>
<tr>
<td>Services Eligible</td>
<td>Added additional 80 codes</td>
</tr>
<tr>
<td>Visit limits</td>
<td>Waived certain limits</td>
</tr>
<tr>
<td>Modality</td>
<td>Live Video, Phone, some srvs</td>
</tr>
<tr>
<td>Supervision requirements</td>
<td>Relaxed some</td>
</tr>
<tr>
<td>Licensing</td>
<td>Relaxed requirements</td>
</tr>
<tr>
<td>Tech-Enabled/Comm-Based (not considered telehealth, but uses telehealth technology)</td>
<td>More codes eligible for phone &amp; allowed PTs/OTs/SLPs &amp; other use</td>
</tr>
</tbody>
</table>

- DEA – PHE prescribing exception/allowed phone for suboxone for OUD
- HIPAA – OCR will not fine during this time

## Medicaid

<table>
<thead>
<tr>
<th>Medicaid Issue</th>
<th>Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Modality</td>
<td>Allowing phone</td>
</tr>
<tr>
<td>Location</td>
<td>Allowing home</td>
</tr>
<tr>
<td>Consent</td>
<td>Relaxed consent requirements</td>
</tr>
<tr>
<td>Services</td>
<td>Expanded types of services eligible</td>
</tr>
<tr>
<td>Providers</td>
<td>Allowed other providers such as allied health pros</td>
</tr>
<tr>
<td>Licensing</td>
<td>Waived some requirements</td>
</tr>
</tbody>
</table>

- Private payer orders range from encouragement to cover telehealth to more explicit mandates
- Relaxed some health information protections
First declared on January 31, 2020
Renewed 12 times
Last renewed on January 11, 2023
End date of April 11, 2023
Potential renewal one more time?
DEVELOPMENT OF TELEHEALTH POLICY

- Legislation
- Administrative/Regulatory
• **Consolidated Appropriations Act of 2021**
  - Expanded permanent telehealth policy to allow for mental and behavioral health services to be provided in the home without geographic requirement applying **IF** certain conditions met (in-person visit w/telehealth provider 6 months prior to telehealth services taking place)

• **Budget Act of 2022**
  - Delayed implementation of certain policies and expiration dates on some temporary waivers until 151 days after the PHE is declared over
    - FQHC, RHC, PT, OT, SLP remain eligible providers
    - Geographic limitation waive; home still eligible site for services
    - Audio-only can continue to be used

• **Consolidated Appropriations Act of 2023**
  - Changed end date of temporary waivers to December 31, 2024
Consolidated Appropriations Act of 2023

- Changed end date of temporary Medicare waivers to December 31, 2024. Waivers include:
  - Location- suspends geographic requirement; allows home to be an eligible site
  - Allows some providers to continue to be reimbursed for telehealth delivered services including PT, OT, audiologists
  - Allows FQHCs and RHCs to continue to provide services via telehealth
  - Allows audio-only to be used to provide some services
  - Delays implementation of permanent policy regarding mental health services & telehealth (the prior in-person visit requirement) to January 1, 2025
  - Requires a study on telehealth that will look at the data gathered from services provided in the 2022-2024 period. Interim report due October 1, 2024; final report due April 1, 2026
  - Extension of safe harbor for absence of a deductible for telehealth through
Will allow some of the temporarily eligible telehealth services made available during COVID-19 to remain eligible for reimbursement until 2023 ("Category 3")

For permanent policy, audio-only may be used to provide mental and behavioral health services if certain conditions met

Redefined “mental health visit” for FQHC/RHCs to include the use of live video and audio-only. Does NOT mean FQHCs/RHCs are telehealth providers or providing services via telehealth. Special billing instructions post-PHE

During the 151-day “grace period” COVID-19 eligible telehealth services list will be available. (Needs to reconcile with new language passed in budget act)
<table>
<thead>
<tr>
<th>PERMANENT TELEHEALTH POLICY</th>
<th>AUTOMATICALLY GOES AWAY</th>
<th>POST-PHE THROUGH DECEMBER 31, 2024</th>
<th>POST-PHE THROUGH END OF THE YEAR PHE ENDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicare:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Limited the use of telehealth to take place in specific geographic locations and sites (mostly medical facility)</td>
<td>• OCR exercising discretion on HIPAA</td>
<td>• Geographic limitation temporarily suspended</td>
<td>• Category 3 services</td>
</tr>
<tr>
<td>• Primarily only live video allowed</td>
<td>• PHE exception of prescribing controlled substances</td>
<td>• Home temporarily continues to be an eligible originating site for services</td>
<td>• Virtual presence for direct supervision</td>
</tr>
<tr>
<td>• Limited list of providers eligible to provide services</td>
<td>• Mental health services provided w/o geographic requirement &amp; in the home &amp; audio-only can be used if certain conditions met like prior in-person visit.</td>
<td>• Can continue to use audio-only to provide some services, not just mental health</td>
<td></td>
</tr>
<tr>
<td>• Mental health services provided w/o geographic requirement &amp; in the home &amp; audio-only can be used if certain conditions met like prior in-person visit.</td>
<td>• FQHC/RHC allow use live video &amp; audio-only for mental health visits</td>
<td>• FQHCs, RHCs, OTs, PTs and some other can continue to be eligible providers</td>
<td></td>
</tr>
<tr>
<td>Prescribing of Controlled Substances (Ryan Haight Act)</td>
<td></td>
<td>• Suspension of the prior in-person visit requirement to provide mental health services or use audio-only to provide mental health services to Jan. 1, 2025</td>
<td></td>
</tr>
<tr>
<td>• Narrow exceptions to the use of telehealth one of which is when a PHE is declared</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* At this point, the COVID list of eligible services is still on the 151-day grace period track unless CMS takes further action.
• **Proposed** regulations by SAMHSA
  • Makes permanent initiation of buprenorphine via audio-only or audio-visual telehealth if an opioid treatment program (OTP) physician PCP or authorized healthcare professional under supervision of program physician determines adequate eval can be done via telehealth.
• [CMS issued letter](#) noting Medicaid programs can cover eConsult, but it is not mandated.
CCHP Website – cchpca.org

Subscribe to the CCHP newsletter at cchpca.org/contact/subscribe
Thank You!

www.cchpca.org

info@cchpca.org