

Communicate Like a Leader

September 17, 2020

September 17, 2020

September 17, 2020

September 17, 2020

2:08 PM

2:08 PM

2:08 PM

Chat Log

There were many great thoughts, references, and ideas shared within the chat during the live event. These are captured below to use as a reference alongside of the webinar recording (to provide context).

Note: this has not been edited for grammar or punctuation – this is the raw chat conversations as they took place during the live event.

took place during the live event.				
September 17, 2020 you didn't receive the r	1:43 PM naterials yet, go	from Cindy Thomas to everyone: to: https://conferences.nachc.org/nac	Welcome everyone - if chc/articles/3498/view	
September 17, 2020 lynn Wyatt. I will be yo	1:50 PM ur facilitator tod	from Patty Wyatt to everyone: ay! Yay!	HI! Welcome! I'm Patty	
September 17, 2020 pattylynnwyatt@	1:53 PM gmail.com conta	from Patty Wyatt to everyone: act me - if you have any questons.		
September 17, 2020 you didn't receive the r	2:05 PM materials yet, go	from Cindy Thomas to everyone: to: https://conferences.nachc.org/nac	Welcome everyone - if chc/articles/3498/view	
September 17, 2020 Please submit your Que	2:06 PM estions here in th	from Jennifer Nolty to everyone: ne chat box for Patty Lynn. Thank you	Hello and welcome!	
September 17, 2020 you know or heard abo	2:07 PM ut?	from Cindy Thomas to everyone:	What is the best leader	
September 17, 2020	2:08 PM	from Cynthia Selmi to everyone:	Michelle Obama	
September 17, 2020	2:08 PM	from Sabra Matovsky to everyone:	Eleanor Rossevelt	
September 17, 2020	2:08 PM	from Chad Hendry to everyone:	KKB	
September 17, 2020	2:08 PM	from JaneLee Waldock to everyone:	My Aunt	
September 17, 2020	2:08 PM	from Cindylou Figuerres to everyone	: john maxwell	
September 17, 2020	2:08 PM	from Arissa Grizzle to everyone:	Martin Luther King, Jr.	

from Pam Choice to everyone:

from Terry Langston to everyone:

from Cindylou Figuerres to everyone: covey

Leader: Mister Rogers

Dorothy Johnson

September 17, 2020	2:08 PM	from Suzette Ansay to everyone:	My boss, Ted Epperly
September 17, 2020	2:08 PM	from Clay Nelson to everyone:	FDR
September 17, 2020	2:08 PM	from Cynthia Selmi to everyone:	Cecile Richards
September 17, 2020	2:08 PM	from Monica Rios to everyone:	Michelle Obama
September 17, 2020	2:08 PM	from Claudia Sanchez to everyone:	Chavez and Huerta
September 17, 2020	2:08 PM	from DANITA PERRY to everyone:	Dr. Tony Evans
September 17, 2020	2:08 PM	from Jean Cobb to everyone: authen-	tic
September 17, 2020 communication traits of	2:08 PM f a leader?	from Cindy Thomas to everyone:	what are the
September 17, 2020 make assumptions, liste	2:08 PM en to understand	from Scharla Baker to everyone:	Ask questions, don't
September 17, 2020 the right questions	2:08 PM	from Sabra Matovsky to everyone:	honest, sincere, asks
September 17, 2020	2:09 PM	from Cindylou Figuerres to everyone:	connection
September 17, 2020 listener	2:09 PM	from Cindy Arbanovella to everyone:	charismatic, good
September 17, 2020 specail	2:09 PM	from Eric Medina to everyone:	made eveyone feel
September 17, 2020 scenarios, was firm but	2:09 PM compassionate	from JaneLee Waldock to everyone:	prepared for all
September 17, 2020 were going to say	2:09 PM	from Meredith McIntyre to everyone:	Planning what they
September 17, 2020	2:09 PM	from Suzan Shakhshir to everyone:	Active listeners
September 17, 2020 questions, honest	2:09 PM	from Laura Parpart to everyone:	listening, asking
September 17, 2020 Gravity Payments	2:09 PM	from Sandra Ramirez to everyone:	Dan Price, CEO of
September 17, 2020 great communition skill	2:09 PM s, always positiv	from Arissa Grizzle to everyone: e and optimistic	He lead by example,
September 17, 2020	2:09 PM	from Carmen Ibarra to everyone:	Michelle Obama
September 17, 2020 open and honest	2:09 PM	from Monica Briones to everyone:	calm, good listener,

September 17, 2020 respond	2:09 PM	from Rose Marie Velez to everyone:	quick to listen, slow to
September 17, 2020	2:09 PM	from DANITA PERRY to everyone:	lives what he teaches
September 17, 2020 energy	2:09 PM	from BRENDA THANEL to everyone:	gave their time and
September 17, 2020 listner, encoruaing feed	2:09 PM back	from Terry Langston to everyone:	clear,. consistent, great
September 17, 2020 errors and owning upto	2:09 PM them. great jud	from susan park to everyone: one wh Igment, great listening, great follow th	
September 17, 2020 carismatic	2:09 PM	from Diana Castillo to everyone:	respectful, honest,
September 17, 2020 knowlistenerappro	2:09 PM achable	from Erika Clarke-Henry to everyone:	admits when they don't
September 17, 2020	2:09 PM	from DANITA PERRY to everyone:	consistent
September 17, 2020	2:09 PM	from Rose Marie Velez to everyone:	unbiased
September 17, 2020 listening, clear message	2:09 PM	from Ellen Rielag to everyone:	intentional, active
September 17, 2020	2:09 PM	from Staci Hines to everyone: articula	te, patient, good listener
September 17, 2020	2:09 PM	from Terry Langston to everyone:	encouraging feedback
September 17, 2020 player	2:09 PM	from Hina Sheth to everyone: honest,	willing to listen, team
September 17, 2020 sacrfificed	2:09 PM	from Sandra Ramirez to everyone:	Listened, empathized,
September 17, 2020 listener, collaborative	2:09 PM	from Allison Kane to everyone:	transparent, active
September 17, 2020 straight-forward, object	2:09 PM tive	from Monica Rios to everyone:	Compassionate,
September 17, 2020 about others, honest	2:09 PM	from Suzette Ansay to everyone:	Transparent, cares
September 17, 2020 commitment, and vocal	2:09 PM	from Claudia Sanchez to everyone:	Leadership,
September 17, 2020	2:09 PM	from Cindylou Figuerres to everyone:	empower

September 17, 2020 honesty	2:09 PM	from Terry Pina to everyone: listen completely, integrity,		
September 17, 2020 humorous, and trustwo	2:09 PM orthy	from Sarah Oh MPH RDN CLE to ever	ryone: humble,	
September 17, 2020 humble	2:09 PM	from Monica Briones to everyone:	knowledgeable but	
September 17, 2020 team member develop	2:09 PM ement	from Rose Marie Velez to everyone:	influences, look for	
September 17, 2020 materials yet, we will r https://conferences.na		, -	if you didn't receive the	
September 17, 2020 completely and reliable	2:11 PM e	from Yesenia Robles to everyone:	Honest, Listen	
September 17, 2020	2:12 PM	from Cindy Thomas to everyone:	workbook page 3	
September 17, 2020 passionate,	2:12 PM	from Iuliia Akulova to all panelists:	respectful, honest,	
September 17, 2020	2:12 PM	from Rose Marie Velez to everyone:	agree	
September 17, 2020	2:13 PM	from Lawanda Ewing to everyone:	yes!	
September 17, 2020	2:13 PM	from Cheryl Carey (privately): Agreed	b	
September 17, 2020	2:13 PM	from Diane Ramos to everyone:	true	
September 17, 2020	2:13 PM	from DANITA PERRY to everyone:	absolutely have	
September 17, 2020	2:13 PM	from BRENDA THANEL to everyone:	agree	
September 17, 2020	2:13 PM	from Claudia Sanchez to everyone:	Agree	
September 17, 2020 rushedquality of cor	2:15 PM mmunication dw	from Cheryl Lord-Hernandez to ever- indles.	yone: When we get	
September 17, 2020 work on to be a ninja l	2:15 PM eader???	from Cindy Thomas to everyone:	what skills do I need to	
September 17, 2020 tab, you can find other	2:15 PM audio options.	from Edward Schelb to everyone:	On the Audio and Video	
September 17, 2020 not just jumping in to f	2:15 PM ix things	from Danielle Cole to everyone:	Work on listening and	
September 17, 2020 speak people listen	2:16 PM	from chrisitna skaggs to everyone:	I would like for when I	

September 17, 2020 reactive	2:16 PM	from Wendy Gonzalez to everyone:	be proactive not
September 17, 2020 that while I have dead	2:16 PM lines and pressur	from BRENDA THANEL to everyone: res, my staff needs to still have some o	
September 17, 2020 constructive feedback	2:16 PM without feeling §	from Leah VanHam to everyone: guilty about it.	I want to be able to give
September 17, 2020	2:16 PM	from DANITA PERRY to everyone:	I love that slide
September 17, 2020 vulnerable	2:17 PM	from Max Naramor to everyone:	be willing to be
September 17, 2020 visual!	2:17 PM	from Cindy Thomas to everyone:	@Danita - it's a great
September 17, 2020 fail at getting the mess	2:18 PM gage across.	from Clay Nelson to everyone:	This is exactly where I
September 17, 2020 serve like a flight atten	2:18 PM dant	from Cindy Thomas to everyone:	navigate like a captain -
September 17, 2020	2:19 PM	from Wendy Gonzalez to everyone:	i liket that quote
September 17, 2020	2:19 PM	from Wendy Gonzalez to everyone:	empathy!
September 17, 2020 let them know they ma	2:19 PM atter, their ideas	from Cindy Thomas to everyone: matter, you appreciate them	I see you - you matter -
September 17, 2020	2:19 PM	from DANITA PERRY to everyone:	cue the music
September 17, 2020 Tip! Stealing that one	2:20 PM	from Cheryl Lord-Hernandez to ever	yone: Lip Smacking
September 17, 2020	2:21 PM	from DANITA PERRY to everyone:	lots of negative people
September 17, 2020	2:21 PM	from Rose Skupeika to everyone:	Amen, sister
September 17, 2020 communicate and con	2:21 PM nect outside of to	from Ariel Cooper to everyone: asks!	SO important to
September 17, 2020	2:22 PM	from Cindy Thomas to everyone:	@Ariel absolutely!!!
September 17, 2020 wants to know they ar	2:23 PM e doing good and	from Clay Nelson to everyone: d that their work matters	Exactly! Everyone
September 17, 2020	2:24 PM	from Clay Nelson to everyone:	Agrred.
September 17, 2020 appreciate your team i	2:24 PM in both direction	from Cindy Thomas to everyone: s	communicate up -
September 17, 2020	2:24 PM	from Clay Nelson to everyone:	Agreed

September 17, 2020	2:24 PM	from Chad Brown to everyone:	20
September 17, 2020	2:24 PM	from Michelle Preston to everyone:	30%
September 17, 2020	2:24 PM	from Ellen Rielag to everyone:	20%
September 17, 2020	2:24 PM	from Sarah Oh MPH RDN CLE to every	yone: 15%
September 17, 2020	2:24 PM	from Katie Bandtlow to everyone:	5
September 17, 2020	2:24 PM	from Jean Cobb to everyone: 10%	
September 17, 2020	2:24 PM	from DANITA PERRY to everyone:	10%
September 17, 2020	2:24 PM	from BRENDA THANEL to everyone:	25%
September 17, 2020	2:24 PM	from Scharla Baker to everyone:	25
September 17, 2020	2:24 PM	from Lawanda Ewing to everyone:	30%
September 17, 2020	2:24 PM	from Cheryl Lord-Hernandez to every	one: 93% non verbal
September 17, 2020	2:24 PM	from Allison Kane to everyone:	20%
September 17, 2020	2:24 PM	from JaneLee Waldock to everyone:	10
September 17, 2020	2:24 PM	from Laura Parpart to everyone:	10
September 17, 2020 communication is word	2:24 PM s?	from Cindy Thomas to everyone:	what percentage of
September 17, 2020	2:24 PM	from Maria Conner to everyone:	25
September 17, 2020	2:24 PM	from Wendy Gonzalez to everyone:	25
September 17, 2020	2:24 PM	from Ariel Cooper to everyone:	Virtually? 50%
September 17, 2020	2:24 PM	from Teresa Driskell to everyone:	25%
September 17, 2020	2:24 PM	from Lissette Rodriguez to everyone:	40
September 17, 2020	2:24 PM	from Tami Fraser to everyone:	20
September 17, 2020	2:24 PM	from Miguel Mendoza to everyone:	25%
September 17, 2020	2:24 PM	from Erin OConnor to everyone:	15%
September 17, 2020	2:24 PM	from ashley douthart to everyone:	30
September 17, 2020	2:24 PM	from Danielle Cole to everyone:	40
September 17, 2020	2:24 PM	from David Merrell to everyone:	10%
September 17, 2020	2:24 PM	from Ariel Cooper to everyone:	Email!

September 17, 2020	2:24 PM	from Manju Lakra to everyone:	30
September 17, 2020	2:24 PM	from Mandy Grant to everyone:	15%
September 17, 2020	2:24 PM	from Toni Maddox to everyone:	20%
September 17, 2020	2:24 PM	from Juliet Dominguez to everyone:	10-20%
September 17, 2020	2:24 PM	from Hilda Ochoa to everyone:	25
September 17, 2020	2:24 PM	from Claudia Sanchez to everyone:	20%
September 17, 2020	2:24 PM	from Allan Mingus to everyone:	30% verbal
September 17, 2020	2:24 PM	from Clay Nelson to everyone:	20%
September 17, 2020	2:24 PM	from Toni Moore to everyone:	15
September 17, 2020	2:25 PM	from Sarah Oh MPH RDN CLE to ever	yone: 7%????
September 17, 2020	2:25 PM	from Thuy Quan (privately): 10 % v	erbal 90% nonverbal
September 17, 2020 funny Patty	2:26 PM	from Sarah Oh MPH RDN CLE to ever	ryone: haha, you are
September 17, 2020 learn with your energe	2:26 PM tic teaching!	from Sarah Oh MPH RDN CLE to ever	ryone: (love it!) fun to
September 17, 2020 materials yet, we will r https://conferences.na			if you didn't receive the
September 17, 2020 I'm learning so much	2:27 PM	from DANITA PERRY to everyone:	this is already so good!
September 17, 2020	2:27 PM	from Cindy Thomas to everyone:	turn to page 4
September 17, 2020	2:27 PM	from Ben Sturm to everyone: Manag	ging staff from Off-site
September 17, 2020	2:27 PM	from Brandi Peres to everyone:	I listen to respond
September 17, 2020	2:27 PM	from Eric Medina to everyone:	scared to speak up
September 17, 2020	2:27 PM	from Sandra Ramirez to everyone:	Lack of collaboartion
September 17, 2020	2:27 PM	from Kim Ledda to everyone: Workin	ng from Home
September 17, 2020 COVID	2:27 PM	from Suzan Shakhshir to everyone:	Less face to face due to
September 17, 2020 communication	2:27 PM	from Wendy Gonzalez to everyone:	lack of or no
September 17, 2020 too are too busy to list	2:27 PM en or connect	from Martha Welman to everyone:	people I need to speak

September 17, 2020	2:27 PM	from Cindy Thomas to everyone:	@Brandi i do the same
September 17, 2020 non verbal communica	2:27 PM ation ques as stat	from Allan Mingus to everyone: ff work remotely	missing out of those
September 17, 2020	2:27 PM	from Diana Castillo to everyone:	a lot of confusion
September 17, 2020 home	2:27 PM	from Chad Brown to everyone:	folks working from
September 17, 2020 cases	2:27 PM	from BRENDA THANEL to everyone:	obstinant staff in some
September 17, 2020 doesn't read the entire	2:27 PM e email	from Tina McConnell to everyone:	A staff member who
September 17, 2020 take feedback and app	2:27 PM oly it to their situ	from Scharla Baker to everyone: ation	managers who don't
September 17, 2020 certain employyees	2:27 PM	from Xenia Marshall to everyone:	feeling manipulated by
September 17, 2020 mistake on technology	2:27 PM divice	from Kirk Palmer to everyone:	scared to make a
September 17, 2020 and I encourage quest	2:27 PM ions but it seems	from Meredith McIntyre to everyone to me like they're not asking enough of	
September 17, 2020	2:27 PM	from Jennifer Du Mond to everyone:	slow response to email
September 17, 2020 peers	2:27 PM	from Sandra Ramirez to everyone:	Poor response from
September 17, 2020 communication	2:27 PM	from Caryn McHarney-Brown to eve	ryone: Siloed
September 17, 2020	2:27 PM	from Teresa Driskell to everyone:	remote communication
September 17, 2020 in trouble when I appr with me)	2:27 PM oach them to tal	from Jean Cobb to everyone: team rk. (Even though they've never been in	· · · · · · · · · · · · · · · · · · ·
September 17, 2020 did that way,	2:27 PM	from Carol Jurczyk to everyone:	Remote Staff, Always
September 17, 2020 difficult	2:28 PM	from Ariel Cooper to everyone:	Email tone can be
September 17, 2020 locations	2:28 PM	from carolyn maddox to everyone:	employees in different

September 17, 2020 communicating well an	2:28 PM ad becoming in is	from Lissette Rodriguez to everyone: ssue to the flow	employees not
September 17, 2020 and everyone else	2:28 PM	from Martha Welman to everyone:	Lack of attention - mine
September 17, 2020	2:28 PM	from Teresa Driskell to everyone:	not listening
September 17, 2020 that I fix everything rat	2:28 PM her than person	from Eleni Manousogiannakis to eve al ownership or going through their su	·
September 17, 2020	2:28 PM	from Lawanda Ewing to everyone:	no communication
September 17, 2020	2:28 PM	from Teresa Driskell to everyone:	dysfunctional
September 17, 2020 both ends	2:28 PM	from Sarah Oh MPH RDN CLE to ever	ryone: fatigue from
September 17, 2020 healthcare processes	2:28 PM	from Ariel Cooper to everyone:	Dysfunctional
September 17, 2020 on everything	2:28 PM	from katrina thoma to everyone:	defensive responding
September 17, 2020 staff	2:28 PM	from Sarah Oh MPH RDN CLE to ever	ryone: myself and my
September 17, 2020	2:28 PM	from Claudia Sanchez to everyone:	Slow response
September 17, 2020	2:28 PM	from Ariel Cooper to everyone:	FATIGUE!
September 17, 2020 meetings, silo commun	2:28 PM lication, bullying	from Terry Langston to everyone:	freezing out of
September 17, 2020 with leaders	2:28 PM	from Toni Maddox to everyone:	confidence in speakers
September 17, 2020 teams	2:28 PM	from Vincent Filanova to everyone:	Distance between
September 17, 2020 problem solving individ	2:28 PM lual	from Janna Gardner to everyone:	aggressuve none
September 17, 2020 the same issues	2:28 PM	from Terry Langston to everyone:	fatigure of talking about
September 17, 2020 communication within	2:28 PM other cultures, f	from Allison Kane to everyone: atigue / burnout	Misinterpretations,
September 17, 2020	2:28 PM	from DANITA PERRY to everyone:	excuses

September 17, 2020 fatigue	2:28 PM	from Jana Kantor to everyone:	Too much zoom! Virtual
September 17, 2020 HRha.	2:28 PM	from Scharla Baker to everyone:	@Eleni you must be in
September 17, 2020	2:28 PM	from Clay Nelson to everyone:	Excuses
September 17, 2020 things	2:29 PM	from Clay Nelson to everyone:	Inability to learn new
September 17, 2020	2:29 PM	from Cheryl Lord-Hernandez to every	one: :)
September 17, 2020 about someone not say	2:29 PM ving good mornir	from Lawanda Ewing to everyone:	My team complain daily
September 17, 2020 i'm a director with supe	2:29 PM ervisors	from Eleni Manousogiannakis to ever	ryone: @Scharla nope,
September 17, 2020	2:29 PM	from Kirk Palmer to everyone:	team is very touchy
September 17, 2020 barriers	2:29 PM	from Cindy Thomas to everyone:	ways to get past
September 17, 2020 everything personally	2:29 PM	from Eleni Manousogiannakis to ever	ryone: not taking
September 17, 2020 personal	2:29 PM	from DANITA PERRY to everyone:	QTIP=quit taking it
September 17, 2020 team is not allowed to	2:29 PM not say good mo	from Cheryl Lord-Hernandez to every rningeven if it is just "morning".	one: @Lawandamy
September 17, 2020 with the information	2:30 PM	from JaneLee Waldock to everyone:	study up, feel confident
September 17, 2020 moment.	2:30 PM	from Lawanda Ewing to everyone:	try to be in the
September 17, 2020	2:30 PM	from Laura Parpart to everyone:	active listening
September 17, 2020 verbal, written, and clo	2:30 PM se the loop on is	from Janna Gardner to everyone: sues that impact others.	Active communication
September 17, 2020	2:30 PM	from Arissa Grizzle to everyone:	truly listen to your staff
September 17, 2020 the issue at hand out ir	2:30 PM the open to set	from Sarah Oh MPH RDN CLE to ever the tone before discussing together	yone: acknowledge
September 17, 2020 set the example	2:30 PM	from Eric Medina to everyone:	as leaders we should

September 17, 2020 what the goal is	2:30 PM	from Brandi Peres to everyone:	slow down remember
September 17, 2020 communication that st	2:30 PM carts with listening	from Martha Welman to everyone:	Schedule regular
September 17, 2020 have others take a pau	2:30 PM use during a mee	from Monica Briones to everyone: ting	take a deep breath and
September 17, 2020 training to use camera	2:30 PM s/microphones	from Crystal Moreno to everyone:	providing resources and
September 17, 2020	2:30 PM	from Wendy Gonzalez to everyone:	collaboration
September 17, 2020 reason to not say good	2:30 PM d morning?	from Cindy Thomas to everyone:	@Cheryl is there a
September 17, 2020	2:30 PM	from carolyn Tranten to everyone:	being present
September 17, 2020	2:30 PM	from Sherra Osgood to everyone:	team building exercises
September 17, 2020 methodology to phone	2:30 PM e or f2f (conf) rat	from Tina McConnell to everyone: her than email.	Change follow up
September 17, 2020 another	2:30 PM	from BRENDA THANEL to everyone:	go out and talk to one
September 17, 2020	2:30 PM	from Terry Pina to everyone: Take a	step back and assess
September 17, 2020 fatigue - block off time collaborate on projects		from Jana Kantor to everyone: to get work done; meet people in parl mera	Solution for zoom ks to brainstorm and
September 17, 2020 rounding with employe	2:30 PM ees to ask what i	from Melody Young to everyone: s working well and what do you need	Our supervisors to
September 17, 2020 communication	2:30 PM	from Jean Cobb to everyone: create	space for 2 way
September 17, 2020 checking in with you, v	2:30 PM vhat's going on?'	from Sarah Oh MPH RDN CLE to ever	ryone: "Hey, I'm just
September 17, 2020 listening for	2:30 PM	from Michelle Preston to everyone:	Know what you are
September 17, 2020 transparency cannot h	2:31 PM appen 100% of t	from Allison Kane to everyone: he time for various reasons	understanding that
September 17, 2020 really hard to listen (procommunication challed		from Terry Langston to everyone: shoes), encoruage a team discussion a	talk to indivdiuals, try around our

- September 17, 2020 2:31 PM from Jean Cobb to everyone: asking team members to take share that they think another's perspective is
- September 17, 2020 2:31 PM from Cheryl Lord-Hernandez to everyone: @Cindy--sometimes people are going through a tough time, and they aren't feeling the "good" on a particular day. But they are willing to acknowledge others with a "morning" greeting.
- September 17, 2020 2:31 PM from Sherra Osgood to everyone: give people time to vent, lots of personal issues are spilling into work, its been an extremely trying year for many people
- September 17, 2020 2:31 PM from Terry Pina to everyone: Regular meetings and regular check-ins
- September 17, 2020 2:31 PM from Allison Kane to everyone: informal check ins
- September 17, 2020 2:31 PM from Cindy Thomas to everyone: @cheryl an interesting approach I think I unconsciously say "morning"
- September 17, 2020 2:31 PM from Terry Pina to everyone: Carve out occasional fun, joint activities
- September 17, 2020 2:32 PM from Cheryl Lord-Hernandez to everyone: Part of the "noise" in communication has to do with generational differences.
- September 17, 2020 2:33 PM from Michelle Preston to everyone: @Maryann its not about liking them, its about working respectfully and professionally with everyone. It may be meeting with them and come up with common ground with them to be able to display respect and professionalism and air out the differences and come up with solutions to be able to start liking each other
- September 17, 2020 2:33 PM from Kirk Palmer to everyone: we lean an people that we can count on and sometimes we don't take their lives into consideration
- September 17, 2020 2:34 PM from katrina thoma to everyone: same I read somewhere that millenials feel threatened when the older generation sends texts and emails in full sentence structures and actual punctuations
- September 17, 2020 2:34 PM from Terry Pina to everyone: The success of my direct report is as much my responsibility as it is theirs

September 17, 2020	2:35 PM	from Brandi Peres to everyone:	@terry yes!!!
September 17, 2020 that on purpose LOL	2:35 PM	from Cindy Thomas to everyone:	@Patty - did you do
September 17, 2020	2:35 PM	from katrina thoma to everyone:	so its all true
September 17, 2020	2:35 PM	from Cindy Thomas to everyone:	how are people

experiencing you?

September 17, 2020 but not a friend	2:35 PM	from Brandi Peres to everyone:	@Rachel i am friendly
September 17, 2020	2:35 PM	from Janna Gardner to everyone:	Firm, but fair
September 17, 2020 a budy hole	2:36 PM	from Kirk Palmer to everyone:	probable think that I'm
September 17, 2020 and brainstormy	2:36 PM	from Sandra Ramirez to everyone:	my team is very vocal
September 17, 2020 in different ways deper	2:36 PM nding on the oth	from Cheryl Lord-Hernandez to every er person(s).	yone: Communicate
September 17, 2020 which gets taken advar	2:36 PM ntage of.	from Clay Nelson to everyone:	I am understanding,
September 17, 2020 point, that is sometime	2:37 PM es misunderstoo	from DANITA PERRY to everyone:	I'm direct and to the
September 17, 2020 communicating with of	2:37 PM ther department	from Ariel Cooper to everyone: s is challenging	My team is great, but
September 17, 2020 differently based on pe	2:37 PM erson	from katrina thoma to everyone:	I communicate
September 17, 2020	2:37 PM	from Martha Welman to everyone:	so true!
September 17, 2020 task is difficult	2:37 PM	from Ariel Cooper to everyone:	Acknowledging when a
September 17, 2020 approach move - other	2:37 PM s not so much	from katrina thoma to everyone:	some I can use direct
September 17, 2020 only ones that have to	2:37 PM do or they think	from BRENDA THANEL to everyone: it's not valuable or it takes them too n	They feel they're the nuch time.
September 17, 2020 who just seem to say n	2:37 PM o to everything t	from Martha Welman to everyone: though	There are some people
September 17, 2020 and individually	2:38 PM	from Brenda Aguirre to everyone:	communicate as team
September 17, 2020 then listen key ste	2:38 PM ep	from Cindy Thomas to everyone:	ask the right questions -
September 17, 2020	2:38 PM	from Cindy Thomas to everyone:	Workbook page 5
September 17, 2020 been taken advantage	2:38 PM of by previous su	from Kirk Palmer to everyone: upervisor so they have trust issues	what if your team has

September 17, 2020	2:39 PM	from Cindy Thomas to everyone:	if you aren't sitting with
someone right now, t	ake this back a	nd practice with a teammate	

- September 17, 2020 2:39 PM from Cheryl Lord-Hernandez to everyone: Empathy--eye contact, listening, compassion, presence.
- September 17, 2020 2:41 PM from Martha Welman to everyone: One challenge as a healthcare leader is that there is so much work that it is hard to calm down and listen/be present.
- September 17, 2020 2:41 PM from Cindy Thomas to everyone: being completely present takes practice to not multitask or be distracted and focus on the conversation at hand I practive this every day

September 17, 2020	2:41 PM	from Jean Cobb to everyone: don't interrupt, reflect			
September 17, 2020	2:41 PM	from Clay Nelson to everyone:	I always say Empathy,		
not sympathy. It allows me to listen and make decisions by the facts and problems and not make					
decisions off emotion.					

September 17, 2020	2:41 PM	from Vincent Filanova to everyone:	Eye contact
September 17, 2020 to actively listen	2:41 PM	from Cindy Thomas to everyone:	what does it mean
September 17, 2020	2:41 PM	from Toni Maddox to everyone:	focus on person
September 17, 2020 listen with the question	2:41 PM n what am i liste	from Michelle Preston to everyone:	dont listen to reply

from Jacqueline Champion to everyone:

dont interrupt

September 17, 2020

2:41 PM

September 17 ears open	, 2020	2:41 PM	from Kirk Palmer to everyone:	Keep mouth shut and
September 17 questions, e	-	2:42 PM	from Cindy Arbanovella to everyone:	be present, ask
September 17	, 2020	2:42 PM	from BRENDA THANEL to everyone:	engage with them
September 17	, 2020	2:42 PM	from Diane Ramos to everyone:	nod head
September 17 heard	, 2020	2:42 PM	from Nancy Buxser to everyone:	repeat wht you have
September 17	. 2020	2:42 PM	from Allison Kane to everyone:	less talking, eve

contact, ask questions			
September 17, 2020 while you are listening.	2:42 PM	from Tina McConnell to everyone:	Don't do anything else

September 17, 2020 2:42 PM from Scharla Baker to everyone: be present in the converation, ask clarifying questions if you don't understand what they are trying to convey

September 17, 2020 of response while som	2:42 PM eone is speaking	from Hilda Ochoa to everyone:	to not respond or think
September 17, 2020 no verbal interuption.	2:42 PM	from Janna Gardner to everyone:	Eye to eye contact with
September 17, 2020 reflect back what you h	2:42 PM near	from Jennifer Du Mond to everyone:	Don't interrupt, and
September 17, 2020	2:42 PM	from Wendy Gonzalez to everyone:	listen first, then speak
September 17, 2020 conversation	2:42 PM	from Terry Pina to everyone: Do not	allow distractions from
September 17, 2020 my challenge. Head no	2:42 PM ds, dont multitas	from Brandi Peres to everyone: k.	listent to understand
September 17, 2020	2:42 PM	from Nancy Buxser to everyone:	ask questions
September 17, 2020	2:42 PM	from Jean Cobb to everyone: small n	nouth, big ears
September 17, 2020 words to show you und	2:42 PM derstand what th	from Suzan Shakhshir to everyone: e other person is saying	restating in your own
September 17, 2020 response while the oth	2:42 PM er person is talki	from Vincent Filanova to everyone: ng	Don't think of a
September 17, 2020 focus on them and rea	2:42 PM lly listen to them	from Ellen Rielag to everyone:	remove distractions,
September 17, 2020	2:42 PM	from Wendy Gonzalez to everyone:	@jean i like
September 17, 2020 formulate your answer	2:42 PM , listen to unders	from Leah VanHam to everyone: stand	Don't listen to
September 17, 2020 paraphrase what you t	2:42 PM ook from that co	from Claudia Sanchez to everyone: nversation	Engage, ask questions,
September 17, 2020 facial expression and w	2:42 PM hne its your time	from Sandra Ramirez to everyone: e to respondask follow ups	eye contact, mirroring
September 17, 2020	2:42 PM	from Cindy Thomas to everyone:	@leah absolutely!
September 17, 2020	2:43 PM	from Kirk Palmer to everyone:	Men tend to do this
September 17, 2020 attention to who is talk needed.	2:43 PM king to you. Also	from Krystal Heath to everyone: actively listening. Ask for understand	To give your full ing. Give feedback when
September 17, 2020 your help solving a pro	2:43 PM blem or just nee	from Tina McConnell to everyone: ds to vent. This changes how I listen.	Ask if that person needs
September 17, 2020	2:43 PM	from Scharla Baker to everyone:	egp

September 17, 2020	2:43 PM	from Wendy Gonzalez to everyone:	ego
September 17, 2020	2:43 PM	from Janna Gardner to everyone:	Pride
September 17, 2020	2:43 PM	from Toni Maddox to everyone:	embarrsed
September 17, 2020	2:43 PM	from Tami Fraser to everyone:	Pride
September 17, 2020	2:43 PM	from ashley douthart to everyone:	fear of failure
September 17, 2020 admitting mistakes	2:43 PM 	from Cindy Thomas to everyone:	what stops us from
September 17, 2020	2:43 PM	from Cindy Arbanovella to everyone:	fear and pride
September 17, 2020	2:43 PM	from Marc Mackey to everyone:	afraid of reprcussions
September 17, 2020 wrong,	2:43 PM	from Eric Medina to everyone:	some peopel cant be
September 17, 2020	2:43 PM	from Martha Welman to everyone:	Fear
September 17, 2020 foolish	2:43 PM	from Toni Moore to everyone:	Don't want to look
September 17, 2020	2:43 PM	from Blanca Pena to everyone:	vulnerability
September 17, 2020	2:43 PM	from Jacqueline Champion to everyor	ne: interrupting
September 17, 2020	2:43 PM	from Jennifer Du Mond to everyone:	appearing weak
September 17, 2020	2:44 PM	from Diane Ramos to everyone:	pride
September 17, 2020 as lacking knowledge	2:44 PM	from Tina McConnell to everyone:	Don't want to be seen
September 17, 2020	2:44 PM	from Hina Sheth to everyone: fear of	losing respect
September 17, 2020	2:44 PM	from Krystal Heath to everyone:	I agree with the Pride
September 17, 2020 perfection	2:44 PM	from Allison Kane to everyone:	pride, embarrassment,
September 17, 2020	2:44 PM	from Eric Medina to everyone:	cutlure
September 17, 2020	2:44 PM	from Erika Clarke-Henry to everyone:	fear
September 17, 2020 we are,	2:44 PM	from Terry Langston to everyone:	ego, false sense of who
September 17, 2020	2:44 PM	from Eric Medina to everyone:	culture
September 17, 2020 September 17, 2020	2:44 PM 2:44 PM	from Eric Medina to everyone: from Jean Cobb to everyone: yes! all	

September 17, 2020 2:44 PM from Eleni Manousogiannakis to everyone: Being told	
disningenous	I'm
September 17, 2020 2:44 PM from Vincent Filanova to everyone: All of the above	
September 17, 2020 2:44 PM from Kirk Palmer to everyone: your the boss	
September 17, 2020 2:44 PM from Krystal Heath to everyone: Fear of not having answer	the
September 17, 2020 2:44 PM from DANITA PERRY to everyone: 1 MD really does t responsibility and admit when she is wrong	ake
September 17, 2020 2:44 PM from Ariel Cooper to everyone: Fear of people loo trust in you	sing
September 17, 2020 2:44 PM from Sandra Ramirez to everyone: being skeptical and pbvious about it	d
September 17, 2020 2:45 PM from Kirk Palmer to everyone: good leaders will he courage to say that they were wrong	nave
September 17, 2020 2:45 PM from Cindy Thomas to everyone:soliciting fee	dback
September 17, 2020 2:46 PM from Allan Mingus to everyone: how do you guage own communication with staff/others so that you can improve (you may think your good at it, but	•
September 17, 2020 2:46 PM from Brandi Peres to everyone: Great question All	an
September 17, 2020 2:46 PM from Terry Langston to everyone: Patty, the challeng sometimes is that people dont want to give it, especially good feedback	ge
September 17, 2020 2:46 PM from Allison Kane to everyone: Great question All	an
September 17, 2020 2:46 PM from BRENDA THANEL to everyone: Some staff don't fe there comments aren't addressed so they don't like to give feedback	eel
September 17, 2020 2:46 PM from Allison Kane to everyone: how to evaluate o own communication with others, great	ur
September 17, 2020 2:46 PM from Jean Cobb to everyone: tips for asking for feedbac without seemig like you are asking for their reassurance?	k
September 17, 2020 2:46 PM from Anitra Walker to everyone: How do you ask for feedback constantly without appearing like you don't know what you're doing?	or
September 17, 2020 2:46 PM from Wendy Gonzalez to everyone: 360 evaluations	
September 17, 2020 2:47 PM from Brandi Peres to everyone: Yes i want feedback from my staff too	ck

September 17, 2020 candidness	2:47 PM	from Jennifer Du Mond to everyone:	YES - culture of
September 17, 2020 strong foundation rela	2:47 PM tionship before t	from Martha Welman to everyone: hese conversations can happen	I think you need a
September 17, 2020 one thing you would do	2:47 PM o differently?	from Cindy Thomas to everyone:	if you were me, what is
September 17, 2020 is the keyfeedback w	2:47 PM vith kindness	from Scharla Baker to everyone:	culture of KIND candor
September 17, 2020 you act on feedback, o	2:48 PM therwise they wo	from Jennifer Granger to everyone: on't bother	staff needs to see that
September 17, 2020 communication would	2:48 PM be appreciated	from DANITA PERRY to everyone:	frequent, transparent
September 17, 2020	2:48 PM	from Terry Pina to everyone: Be a st	raight shooter
September 17, 2020	2:48 PM	from Jean Cobb to everyone: be con	sistent
September 17, 2020	2:48 PM	from Cindy Thomas to everyone:	being authentic
September 17, 2020	2:48 PM	from Vicki Odum to everyone:	Embrace vulnerability
September 17, 2020	2:48 PM	from Tina McConnell to everyone:	be real, be grounded
September 17, 2020 else, vulnerability	2:48 PM	from Allison Kane to everyone:	just be you, not anyone
September 17, 2020 what you say	2:49 PM	from Terry Pina to everyone: say wh	at you mean and mean
September 17, 2020 ask for input	2:49 PM	from Ariel Cooper to everyone:	Being ready to learn,
September 17, 2020	2:49 PM	from Ana Rangel to everyone:have a	great attitude
September 17, 2020 just be honest	2:49 PM	from Martha Welman to everyone:	Give the ego a rest and
September 17, 2020 honest conversations	2:49 PM	from Katie Bandtlow to everyone:	Open up and have
September 17, 2020	2:49 PM	from Wendy Gonzalez to everyone:	my kids say imposter :)
		from Jennifer Du Mond to everyone: prespond to the request for feedback? nking particularly of workgroups with p	It feels like pulling
September 17, 2020	2:50 PM	from Brandi Peres to everyone:	Sorry audio is poor

September 17, 2020 from the 80's. It's bac	2:50 PM k!	from Cheryl Lord-Hernandez to ever	yone: "Poser!" That is
September 17, 2020 leader, folks are alway	2:50 PM ys watching you a	from Scharla Baker to everyone: and looking at you to set an example	Also be aware that as a
September 17, 2020	2:51 PM	from Cindy Thomas to everyone:	observing
September 17, 2020	2:51 PM	from Wendy Gonzalez to everyone:	same here @brandi
September 17, 2020 observe?	2:51 PM	from Cindy Thomas to everyone:	what does it mean to
September 17, 2020	2:51 PM	from Wendy Gonzalez to everyone:	listen with your eyes
September 17, 2020 as the problems	2:51 PM	from Terry Pina to everyone: To see	the good things as well
September 17, 2020	2:51 PM	from Toni Maddox to everyone:	pay attention
September 17, 2020 gather details on how	2:51 PM others commun	from Brandi Peres to everyone: icate so you can adjust your skills	it helps to observe and
September 17, 2020	2:51 PM	from DANITA PERRY to everyone:	introspection
September 17, 2020 expressions	2:51 PM	from Danielle Larranaga to everyone	: watch facial and body
September 17, 2020 questions you didn't a	2:51 PM ask	from Jennifer Du Mond to everyone:	Opens you up to the
September 17, 2020 silent; don't lecture. D	2:51 PM Oon't force your v	from Tina McConnell to everyone: vay on them.	Watch, not do. Be
September 17, 2020 the big picture of wha	2:51 PM It is happening ar	from Ariel Cooper to everyone: round you	Take a breath, take in
September 17, 2020	2:51 PM	from Vicki Odum to everyone:	gain information
September 17, 2020 activley listen, and let	2:51 PM team innovate,	from Sandra Ramirez to everyone: share and create.	sit back, stay quiet,
September 17, 2020	2:51 PM	from Terry Pina to everyone: see po	tential for greater things
September 17, 2020 from mutiple angles/p	2:51 PM perspectives	from Scharla Baker to everyone:	trying to see things
September 17, 2020 communicate and WH	2:51 PM IO they mostly co	from Vincent Filanova to everyone: ommunicate with	Watch how the others
September 17, 2020 because you have obs	2:51 PM served what type	from Jean Cobb to everyone: You ca of state the person is in, how they read	

September 17, 2020 happening without you	2:51 PM driving	from Ariel Cooper to everyone:	Acknowledge what is
September 17, 2020 % of communication	2:52 PM	from Claudia Aroni to everyone:	Body language is a high
September 17, 2020 one thing with their mo	2:52 PM outh and their bo	from Krystal Heath to everyone: ody is saying something else	A person can be saying
September 17, 2020 your end?	2:52 PM	from Edward Schelb (privately):	Is the audio rough on
September 17, 2020 audio choppy to you?	2:52 PM	from Cindy Thomas to Edward Schelb	o (privately): is her
September 17, 2020 excited lol	2:52 PM	from Brandi Peres to everyone:	Thats me i just get
September 17, 2020 would turning video of	2:52 PM f help?	from Cindy Thomas to Edward Schelb	o (privately): yes -
September 17, 2020	2:52 PM	from Edward Schelb (privately):	Let's try that
September 17, 2020 great suggestions, but how to observe then?	2:53 PM made even more	from Dianna Grundhauser to everyor difficult now with so many working re	
September 17, 2020 struggle	2:53 PM	from Brandi Peres to everyone:	Dianna that is where i
September 17, 2020 video off - audio is a litt	2:53 PM tle choppy	from Cindy Thomas to Patty Wyatt (p	orivately):try turning your
September 17, 2020	2:53 PM	from Rose Skupeika to everyone:	I lost her
September 17, 2020 because we don't "see'	2:54 PM ' each other	from Dianna Grundhauser to everyor	ne: Brandi - yes
September 17, 2020 meetings are silent i	2:54 PM need help to ma	from Brandi Peres to everyone: ke them more interactive	Sometimes the virtual
September 17, 2020	2:54 PM	from Brandi Peres to everyone:	I still have you here
September 17, 2020	2:54 PM	from DANITA PERRY to everyone:	i hear you
September 17, 2020	2:54 PM	from Michelle Preston to everyone:	I can hear you
September 17, 2020	2:54 PM	from Cheryl Lord-Hernandez to every	one: I can hear her.
September 17, 2020	2:54 PM	from Kim Ledda to everyone: I still he	ear you
September 17, 2020	2:54 PM	from Ana Rangel to everyone:I can st	ill hear

September 17, 2020	2:54 PM	from Terry Pina to everyone: I can h	ear you
September 17, 2020	2:54 PM	from Janna Gardner to everyone:	we can hear you.
September 17, 2020 choppy	2:54 PM	from Wendy Gonzalez to everyone:	i hear you. voice is
September 17, 2020	2:54 PM	from Sarah Oh MPH RDN CLE to ever	ryone: haha!
September 17, 2020 her	2:54 PM	from Kate Turvin to everyone:	I still can't understand
September 17, 2020	2:54 PM	from Clay Nelson to everyone:	I can hear you
September 17, 2020	2:54 PM	from Yesenia Robles to everyone:	I can hear you
September 17, 2020 better - not perfect bu	2:54 PM t better	from Cindy Thomas to Edward Schell	b (privately): it's
September 17, 2020 being recorded correct	2:54 PM ? I would love to	from Brandi Peres to everyone: o go over this again and review the cha	These trainings are ts.
September 17, 2020 questioning culture	2:55 PM	from Cindy Thomas to everyone:	21 days - create a
September 17, 2020 assumptions	2:55 PM	from Terry Pina to everyone: empha	asis on questions and not
September 17, 2020 recorded and will be a	2:55 PM vailable in a few	from Cindy Thomas to everyone: weeks	@Brandi - yes they are
September 17, 2020	2:55 PM	from Brandi Peres to everyone:	Great thansk Cindy
September 17, 2020 judge	2:55 PM	from Nancy Buxser to everyone:	ask, listen and don't
September 17, 2020 emails , texts , meeting	2:55 PM gs	from Vincent Filanova to everyone:	Always ask for input: in
September 17, 2020 2:55 PM from Eleni Manousogiannakis to everyone: Questions are great, if only they are received as being curious rather than accusatory			
September 17, 2020 depth and context of o	2:56 PM ur work	from Ariel Cooper to everyone:	Curiosity expands the
September 17, 2020 curious is less judgeme	2:56 PM ental.	from Cheryl Lord-Hernandez to ever	yone: Because being
September 17, 2020 understand and includ	2:56 PM e ideas	from Michelle Preston to everyone:	allows you to better
September 17, 2020 understand why things	2:56 PM are the way the	from Katie Bandtlow to everyone: by are now to know what can be chang	It's important to ed in the future

September 17, 2020 important	2:56 PM	from Cindy Thomas to everyone:	why is curiosity	
September 17, 2020 innovation and probler	2:56 PM n solving	from Ariel Cooper to everyone:	Curiosity sparks	
September 17, 2020 perspective of others	2:57 PM	from Rosalie Candelario to everyone	: Gives us the	
September 17, 2020 and different perspecti	2:57 PM ves	from Terry Pina to everyone: Questi	ons inspire new thoughts	
September 17, 2020 2:57 PM from Vincent Filanova to everyone: Call yourself out and state at meetings: ask me a question, if I don't know I will find out for you. It ok for us to ask for questions and not know the answers. That's how we move forward				
September 17, 2020 open communication	2:57 PM	from Wendy Gonzalez to everyone:	curiosity promotes	
September 17, 2020 that curiosity is the gat	2:57 PM eway to opportu	from Allison Kane to everyone: unity	One thing I've heard is	
September 17, 2020 solicit ideas from your	2:57 PM team you dor	from Cindy Thomas to everyone: 't have to choose to implement it b	as a leader it is great to out let them be heard	
September 17, 2020 2:58 PM from Terry Pina to everyone: Being curious can uncover issues that should be addressed				
September 17, 2020 2:58 PM from Suzette Ansay to everyone: Encourage people to find "better ways" to do things instead of "this is how we've always done it"				
September 17, 2020 	2:58 PM	from Cindy Thomas to everyone:	set clear goals	
September 17, 2020 "WOW"	2:58 PM	from Cindy Thomas to everyone:	how are we delivering a	
September 17, 2020 2:59 PM from Dianna Grundhauser to everyone: Some people do not respond to others curiosity well - in fact are resistant How do you encourage communciation with other managers in departments you work with?				
September 17, 2020 more info if interested	2:59 PM	from Cindy Thomas to everyone:	google SMART goals for	
September 17, 2020 listening and questioni	2:59 PM ng	from Cindy Thomas to everyone:	encourage a culture of	
September 17, 2020 to mind?	2:59 PM	from Cindy Thomas to everyone:	what one word comes	
September 17, 2020	2:59 PM	from Dianna Grundhauser to everyor	ne: Buy-in	

September 17, 2020 respond	3:00 PM	from Christine States to everyone:	listening to hear, not to	
September 17, 2020 encouraging discussion	3:00 PM	from Terry Langston to everyone:	active, open,	
September 17, 2020 in, confidence	3:00 PM	from Brandi Peres to everyone:	transparency, trust, buy	
September 17, 2020	3:00 PM	from Suzette Ansay to everyone:	Approachable	
September 17, 2020	3:00 PM	from Wendy Gonzalez to everyone:	listen to understand	
September 17, 2020 name of the boolk?	3:00 PM	from Norma Antomattei to everyone	e: Can you repeat the	
September 17, 2020 effective people	3:00 PM	from Cindy Thomas to everyone:	book - 7 habits of highly	
September 17, 2020 the key	3:00 PM	from Vincent Filanova to everyone:	Buy in from the team is	
September 17, 2020	3:01 PM	from Norma Antomattei to everyone	e: Thanks	
September 17, 2020 https://www.fra	3:01 PM nklincovey.com/	from Cindy Thomas to everyone: the-7-habits.html		
September 17, 2020 questioning	3:02 PM	from Cindy Thomas to everyone:	effective	
September 17, 2020	3:02 PM	from Cindy Thomas to everyone:	page 6 in the workbook	
September 17, 2020 3:04 PM from Eleni Manousogiannakis to everyone: For me it's difficult to accept that my staff want me to accomodate to their communication syle and preference but don't acknowledge that it's a two way street				
September 17, 2020	3:05 PM	from Rose Skupeika to everyone:	YES!!	
September 17, 2020	3:05 PM	from Terry Langston to everyone:	yes	
September 17, 2020	3:05 PM	from Martha Welman to everyone:	yep	
September 17, 2020	3:06 PM	from Rosalie Candelario to everyone	: Yes	
September 17, 2020 week when I found my	3:07 PM direct report cry	from Terry Pina to everyone: Had to ying in her office	be probing just this	
September 17, 2020 3:07 PM from Jennifer Du Mond to everyone: But what if Martha is tired and doesn't want to talk anymore because she's an introvert and recharges on their own?? How do you get the conversation going when they aren't tired?				
tired and doesn't want	to talk anymore	because she's an introvert and rechar		

September 17, 2020 with my teenage daugh	3:07 PM nter who doesn't	from Martha Welman to everyone: often leave her room	OK I'm going to try this
September 17, 2020 practice with a teamma	3:08 PM ate or partner - h	from Cindy Thomas to everyone: neck, even your dog!	workbook page 6 -
September 17, 2020	3:09 PM	from Martha Welman to everyone:	He's not telling
September 17, 2020 answer some questions	3:09 PM s and do some a	from Cindy Thomas to everyone: ction planning - more to come!	dont' leave yet - we will
September 17, 2020 seeing the workbook li	3:09 PM nk	from Caryn McHarney-Brown to ever	ryone: Sorry-I am not
September 17, 2020 materials yet, go to: ht	3:10 PM tps://conference	from Cindy Thomas to everyone: es.nachc.org/nachc/articles/3498/view	if you didn't receive the
September 17, 2020 https://cdn1.digi	3:10 PM tellinc.com/uplo	from Edward Schelb to everyone: ads/nachc/articles/7fa35ff43f7094313	8e37b433737fdbd.pdf
September 17, 2020 3:11 PM from Jean Cobb to everyone: tips on soliciting feedback without seeming like you are seeking reassurance or fishing for compliments?			
September 17, 2020 engaging facilitator!	3:12 PM	from Scharla Baker to everyone:	Thank you for being an
September 17, 2020	3:12 PM	from Brandi Peres to everyone:	Thank you so much!!!!
September 17, 2020	3:12 PM	from Terry Pina to everyone: @Lisa	l hear you!
September 17, 2020 3:12 PM from Thuy Quan to everyone: how do i deal with my leaders who asking lots of questions			
September 17, 2020	3:12 PM	from Sandra Ramirez (privately):	Thank you!
September 17, 2020 guiding someone on ho	3:12 PM ow to give feedb	from Jana Kantor to everyone: ack	tips on "teaching" or
September 17, 2020 Humble Inquiry	3:12 PM	from Scharla Baker to everyone:	@ Naureen read
September 17, 2020 pattylynnwyatt@	3:12 PM gmail.com	from Patty Wyatt to everyone:	
September 17, 2020 someone who fishes fo	3:13 PM r negativity?	from Rachelle Garbin to everyone:	How do you deal with
September 17, 2020 questions for feedback	3:13 PM on how they see	from Wendy Gonzalez to everyone: e you?	Sample leadership eval
September 17, 2020 and say lets talk about	3:13 PM what happened	from Michelle Preston to everyone: and how is your current situation is the	_

didnt have trust and how is it different and then discuss how those similariaties and differences can build trust

band dase				
September 17, 2020	3:14 PM	from Jean Cobb to everyone: what is	s 360 eval?	
September 17, 2020	3:14 PM	from Brandi Peres to everyone:	survey monkey	
September 17, 2020 breakdown of commun	3:14 PM nication pie char	from Jason Wallace to everyone: t again?	Can you repeat the %	
September 17, 2020 3:15 PM from Dianna Grundhauser to everyone: I work hard on good communication with my department, my challenge is engaing other department managers who are resistant.\				
September 17, 2020	3:15 PM	from Brenda Aguirre to everyone:	check in	
September 17, 2020 conversation about you Create kind awareness		from Scharla Baker to everyone: They may not be aware that is how the	@ Wendy, have a y are coming across.	
September 17, 2020 3:15 PM from Michelle Preston to everyone: @Rachelle shut it down and dont get hooked on it. Call them out on it and tell them you are looking for positivity in your team and how can that be changed for them				
September 17, 2020 3:15 PM from Martha Welman to everyone: I totally agree with the 30 minutes a week meetings. This has transformed my team. I'm a talker and it makes me listen				
September 17, 2020 non-verbal	3:15 PM	from Tina McConnell to everyone:	Jason7% verbal; 93%	
September 17, 2020 tone and 55% body lan	3:15 PM guage	from Michelle Preston to everyone:	@jason 7% verbal 38%	
September 17, 2020 @Rachelle	3:15 PM	from Scharla Baker to everyone:	Opps I meant	
September 17, 2020	3:15 PM	from Rachelle Garbin to everyone:	@Michelle Thank you!	
September 17, 2020 with no video i will tr	3:16 PM ry with video	from Brandi Peres to everyone:	we always do our 1:1	
September 17, 2020 well for 1:1. Very effic	3:17 PM ient	from Martha Welman to everyone:	I use zoom and it works	
September 17, 2020	3:17 PM	from Wendy Gonzalez to everyone:	@Scharla thank you!	
September 17, 2020	3:17 PM	from Rose Skupeika to everyone:	Row the Boat!!	
September 17, 2020 3:17 PM from Michelle Preston to everyone: @Brandi our expectation here at all our zoom meetings is video on.				

September 17, 2020 hard with kids at scho	3:18 PM ol, it sucks up the	from Brandi Peres to everyone: e data on the servers.	Michelle sometimes its	
September 17, 2020 comfortable in giving	3:18 PM feeback face to fa	from Krystal Heath to everyone: ace, do you have a survey platform we	If a member is not can use?	
September 17, 2020 school at home	3:18 PM	from Brandi Peres to everyone:	or should i say doing	
September 17, 2020 strategies for stopping	3:18 PM g the bullying aro	from Terry Langston to everyone: und communication?	what are good	
September 17, 2020 directives from ceo bu	3:18 PM It there is no cllal	from Sandra Ramirez (privately): poration amonsgt each other	on my team, we al take	
September 17, 2020 arent teleworking for	3:18 PM the most part we	from Michelle Preston to everyone: are in office	yes, that is true. We	
September 17, 2020 bullying training but h	3:18 PM onestly i would s	from Brandi Peres to everyone: ay nip it right away	@ Terry we just did a	
September 17, 2020 during 30 min check in	3:19 PM ns?	from Jean Cobb to everyone: what a	are your go to questions	
September 17, 2020 huddles	3:19 PM	from Wendy Gonzalez to everyone:	video team/ 1:1	
September 17, 2020 3:20 PM from Michelle Preston to everyone: @Terry set expectations at the beginning of the meeting about allowing others to finish thoughts before replying, no interrupting, positive comments only				
September 17, 2020	3:20 PM	from Terry Langston to everyone:	thank you	
September 17, 2020 our fellow managers t	3:21 PM to practice these	from Brandi Peres to everyone: great suggestions?	How can we encourage	
September 17, 2020 so helpful!	3:22 PM	from Brandi Peres to everyone:	Thanks Patty this was	
September 17, 2020	3:22 PM	from Dianna Grundhauser to everyo	ne: Mahalo!	
September 17, 2020	3:22 PM	from Wendy Gonzalez to everyone:	THANK YOU	
September 17, 2020 3:22 PM from Michelle Preston to everyone: @Brandi ask them what are the advantages and disadvantages of following the suggestions and then discuss the disadvantages to be able to find solutions to them and then there is no excuses to follow them				
September 17, 2020 Michelle!! Thank you!	3:23 PM	from Brandi Peres to everyone:	Great suggestion	
September 17, 2020	3:23 PM	from Cheryl Lord-Hernandez to ever	yone: I like you,	

respect you and want you to be successful

September 17, 2020 good communication "I	3:24 PM relationship" wit	from Dianna Grundhauser to everyor h my team	ne: that i have a
September 17, 2020 listening skills	3:24 PM	from Chris Mikhail to everyone:	Continue to work on
September 17, 2020 commentary	3:24 PM	from Sandra Ramirez (privately):	3. remove internal
September 17, 2020 feedback from other m	3:24 PM anagers	from Dianna Grundhauser to everyor	ne: Asking for
September 17, 2020 by incorporating into ag	3:25 PM genda as last iter	from Sandra Ramirez (privately): meg evaluation	3. askiing for feedback
September 17, 2020 eligible for SHRM credit	3:25 PM t?	from Scharla Baker to everyone:	Are these sessions
September 17, 2020 Thanks, let's go to PRA	3:26 PM CTICE	from Diomarie Martinez to everyone	: Great recomendations!
September 17, 2020 offering this program!	3:27 PM Looking forward	from Dianna Grundhauser to everyor to the next sessions!	ne: thank you for