



PHARMACOLOGY &  
Prescribing in Older Adults



**Honolulu, Hawaii**  
**April 25-29, 2023**  
**Hilton Hawaiian Village**

# CONFERENCE SUPPORTERS

GAPNA gratefully acknowledges the following companies for their support of the GAPNA Pharmacology Conference and Prescribing in Older Adults



powered by **cea**



Inspired by **patients.**  
Driven by **science.**





# Dear Colleagues:

Welcome to the 2023 Pharmacology & Prescribing in Older Adults Conference! This year, we are excited to offer the conference in a unique format that allows onsite attendees to have extra time to enjoy the beauty and wonder of Hawaii and virtual attendees to take advantage of nursing continuing professional development from work or home. Over the next few days, the conference will expand your knowledge of evidence-based prescribing principles for older adults and will elevate your clinical practice. We extend heartfelt appreciation to the members of the GAPNA Pharmacology Conference planning committee for their hard work and dedication in planning the special format of this conference. Thank you to Valisa Saunders (Chair), Jennifer Serafin, Sandy Kakiuchi, and Jaime Green!



As always, GAPNA maintains its goal to support gerontological advanced practice nurses, as well as all other members of the interprofessional team who assist in the care and well-being of older adults. We invite you to share your thoughts and feedback with GAPNA board members and leaders who you connect with during the conference. We are so glad you could be a part of this engaging conference experience, whether you are joining us in person or virtually!

*Jennifer Kim, DNP, GNP-BC, GS-C, FNAP, FAANP  
President, GAPNA*

## Mahalo!



# CONFERENCE SCHEDULE

## *Tuesday, April 25, 2023*

**3:00 pm – 7:30 pm**

**Registration**

**Location:** Palace Lounge

**6:00 pm – 7:30 pm**

**Opening Reception**

**Location:** Tapa Ballroom 3

## *Wednesday, April 26, 2023*

**6:30 am – 2:45 pm**

**Registration**

**Location:** Palace Lounge

**7:00 am – 8:00 am**

**Continental Breakfast/Networking/Exhibit Displays**

**Location:** Tapa Ballroom 3

**8:00 am – 8:10 am**

**President's Welcome**

**Location:** Tapa Ballroom 1

*Jennifer Kim, DNP, GNP-BC, GS-C, FNAP, FAANP*

**8:10 am – 9:10 am**

**101 Headache Management Update 2023**

**(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Monique Canonico, DO*

**Learning Outcome:** After completing this learning activity, the participant will be able to list key issues related to treatment of headache pain management in older adults, including red flag and medication overuse headaches and rescue and preventive pharmacologic interventions.

**Location:** Tapa Ballroom 1

# CONFERENCE SCHEDULE

**9:10 am – 10:00 am**

**Coffee Break/Networking/Exhibit Displays**

**Location:** Tapa Ballroom 3

**10:00 am – 11:30 am**

**102 Management of Behavioral Symptoms in Dementia**  
**(1.5 CH which includes 1.5 hours of pharmacology credit)**

*Brett Lu, MD, PhD*

**Learning Outcome:** After completing this learning activity, the participant will be able to identify specific dementia behavior that may require medication intervention and cite examples of current evidence-based medication options appropriate in primary care setting.

**Location:** Tapa Ballroom 1

**11:35 am – 12:35 pm**

**103 Oral Anticoagulants**  
**(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Chad Kawakami, PharmD, BCPS*

**Learning Outcome:** After completing this learning activity, the participant will be able to discuss chronic conditions that may require anticoagulation when providing care of older adults and examine the risk for bleeding.

**Location:** Tapa Ballroom 1

**12:35 pm – 1:35 pm**

## **Industry-Supported Presentation Theater**

*Presentation theater and lunch will be provided. Seating is limited. Attendees will be admitted on a first-come basis.*

**Discover the Impact of GEMTESA, An Effective OAB Treatment:**  
**A Fresh Look at OAB Management in Long-Term Care Settings**

*Elizabeth Coon-Nguyen, MD*

GEMTESA is a  $\beta 3$  (beta 3)-adrenergic agonist indicated for the treatment of overactive bladder (OAB) with symptoms of urge urinary incontinence, urgency, and urinary frequency in adults.

**Sponsored by Urovant Sciences, Inc.**

**Location:** Honolulu Suite 1

**1:35 pm – 2:35 pm**

**104 Chronic Pain Management**  
**(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Chad Kawakami, PharmD, BCPS*

**Learning Outcome:** After completing this learning activity, the participant will be able to identify potential barriers to optimal chronic pain management and describe the age-related physiologic changes resulting in altered drug absorption and decreased renal excretion that impact drug selection.

**Location:** Tapa Ballroom 1

# CONFERENCE SCHEDULE

*Thursday, April 27, 2023*

**6:45 am – 1:45 pm**

**Registration**

**Location:** Palace Lounge

**7:00 am – 8:00 am**

**Continental Breakfast/Networking/Exhibit Displays**

**Location:** Tapa Ballroom 3

**8:00 am – 9:00 am**

**201 Parkinson's Disease and Movement Disorders**

**(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Michiko Bruno, MD*

**Learning Outcome:** After completing this learning activity, the participant will be able to describe the latest information on pharmacological treatment of movement disorders in the elderly adult population, with a specific focus on Parkinson's disease.

**Location:** Tapa Ballroom 1

**9:05 am – 10:05 am**

**202 Antibiotic Therapy for Common Pulmonary, Urinary, and Skin Infections  
(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Johnnie A. Yates, MD*

**Learning Outcome:** After completing this learning activity, the participant will be able to discuss the use of antibiotics for common pulmonary, urinary, and skin infections.

**Location:** Tapa Ballroom 1

**10:05 am – 10:50 am**

**Coffee Break/Networking/Exhibit Displays**

**Location:** Tapa Ballroom 3

**10:50 am – 11:50 am**

**203 Overview of Common Respiratory Medications**

**(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Lynda Mackin, PhD, AGPCNP-BC, CCNS, GS-C*

**Learning Outcome:** After completing this learning activity, the participant will be able to discuss common respiratory medications used in the management of COPD, asthma, and other respiratory disorders in older adults.

**Location:** Tapa Ballroom 1

# CONFERENCE SCHEDULE

11:55 am – 1:25 pm

**204 Optimal Medical Management for Heart Failure and Atrial Fibrillation  
(1.5 CH which includes 1.5 hours of pharmacology credit)**

*Mandi Benton Cummings, APRN, FNP-BC; Kaillie Wong, MSN, APRN-Rx, NP-C*

**Learning Outcome:** After completing this learning activity, the participant will be able to describe options for guideline-directed medical management of heart failure and describe options for medication management for rate control and anticoagulation management for atrial fibrillation.

**Location:** Tapa Ballroom 1

*Friday, April 28, 2023*

7:00 am – 1:15 pm

**Registration**

**Location:** Palace Lounge

7:00 am – 8:00 am

**Industry-Supported Presentation Theater**

*Breakfast will be provided. Seating is limited. Attendees will be admitted on a first-come basis.*

**Tardive Dyskinesia: Clinical Considerations in Older Adults and Advances in Therapeutic Management**

*Kaylee Mehlman, PharmD, RPh, BCGP, FASCP*

Studies have shown that older adults receiving antipsychotics may have an increased risk for tardive dyskinesia (TD), even when treated with lower doses and shorter length of treatment. This presentation will provide an overview of TD, including the risk implications and impact of TD pertaining to older patients. Learn about TD management as this session examines the current evidence for various treatment strategies and the pharmacology of appropriate therapies for TD.

**Sponsored by Neurocrine Biosciences**

**Location:** Honolulu Suite 1

8:00 am – 9:00 am

**301 Pharmacologic Therapy for Common Gastrointestinal Conditions  
(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Kimberly Posey, DNP, PhD, AGPCNP-BC, GS-C*

**Learning Outcome:** After completing this learning activity, the participant will be able to discuss the use of medications for common gastrointestinal conditions, including dyspepsia, GERD, and *C. difficile* infection.

**Location:** Tapa Ballroom 1



# CONFERENCE SCHEDULE

**9:05 am – 10:05 am**

**302 Chronic Kidney Disease and Pharmacologic Management**  
**(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Jana Sanders Wilkinson, MSN, APRN, FNP*

**Learning Outcome:** After completing this learning activity, the participant will be able to identify acceptable prescribing principles required while acknowledging decreased kidney function in the geriatric adult.

**Location:** Tapa Ballroom 1

**10:05 am – 10:15 am**

**Coffee Break/Networking**

**Location:** Palace Lounge

**10:15 am – 11:15 am**

**303 Osteoporosis Management**  
**(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Lynda Mackin, PhD, AGPCNP-BC, CCNS, GS-C*

**Learning Outcome:** After completing this learning activity, the participant will be able to relate the pathophysiology of osteoporosis to pharmacotherapeutic algorithms used in the management of the disease.

**Location:** Tapa Ballroom 1

**11:20 am – 12:50 pm**

**304 Diabetes Management**  
**(1.5 CH which includes 1.5 hours of pharmacology credit)**

*Kelli Williams, APRN-Rx, FNP-BC, CDCES; Amanda Tanhchaleun, DNP, AGNP-C, CDCES, APRN-Rx*

**Learning Outcome:** After completing this learning activity, the participant will be able to explain special considerations for the older adult when using antihyperglycemic medication.

**Location:** Tapa Ballroom 1

**5:00 pm**

**GAPNA Foundation Event**

**Waikiki Starlight Luau**

Pre-registration required for this event. If you pre-registered for this event through the GAPNA Registration process, you will need to pick up your tickets on Thursday, April 27 from 10 am – 2 pm at the GAPNA Registration desk.

**Location:** Great Lawn



# CONFERENCE SCHEDULE

*Saturday, April 29, 2023*

**7:00 am – 1:15 pm**

**Registration**

**Location:** Palace Lounge

**7:00 am – 8:00 am**

**Breakfast Symposium (1.0 CH)\***

*Breakfast will be provided. Attendees will be admitted on a first-come basis.*

**Agitation Associated with Alzheimer's Disease: Current Best Practices and Planning for the Future**

This session will discuss current best practices for the pharmacologic management of agitation associated with Alzheimer's disease and what's emerging in this area. The pharmacology, efficacy, and safety of current treatment options and their risks and benefits in this patient population will be discussed and demonstrated through patient cases. Emerging treatment options will also be covered, including the latest evidence on what may be on the horizon to treat this debilitating complication of Alzheimer's disease.

**Sponsored by Clinical Care Options, LLC**

**Location:** Honolulu Suite 1

\*Contact hours awarded by Clinical Care Options, LLC.

**8:00 am – 9:00 am**

**401 Treatment of Common Dermatologic Problems in Older Adults  
(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Francis Dann, MD*

**Learning Outcome:** After completing this learning activity, the participant will be able to apply concepts about the changes in pharmacokinetics associated with aging to prescribing for seniors with common dermatologic physical diagnosis.

**Location:** Tapa Ballroom 1

**9:05 am – 10:05 am**

**402 Palliative Care Symptom Management  
(1.0 CH which includes 1.0 hours of pharmacology credit)**

*Aimee Cama, MSN, GNP-C, ACHPN*

**Learning Outcome:** After completing this learning activity, the participant will be able to discuss pharmacological and adjuvant interventions that alleviate discomfort with a goal of improving quality of life.

**Location:** Tapa Ballroom 1

**10:05 am – 10:15 am**

**Coffee Break/Networking**

**Location:** Palace Lounge

# CONFERENCE SCHEDULE

10:15 am – 11:15 am

403 General Session

(1.0 CH which includes 1.0 hours of pharmacology credit)

**Cannabis 101 for Clinicians**

*Me Fuimaono-Poe, APRN, FNP-BC*

**Learning Outcome:** After completing this learning activity, the participant will be able to outline symptom management with cannabis and how to assist patients in obtaining a 329 card.

**Location:** Tapa Ballroom 1

11:20 am – 12:50 pm

404 General Session

(1.5 CH which includes 1.5 hours of pharmacology credit)

**Polypharmacy De-Prescribing**

*Shari Kogan, MD, FACP*

**Learning Outcome:** After completing this learning activity, the participant will be able to apply changes in pharmacokinetics associated with aging to adjusting the medication regimen when prescribing for seniors.

**Location:** Tapa Ballroom 1

12:50 pm – 1:00 pm

**Closing Remarks**

**Location:** Tapa Ballroom 1



The banner features a vintage-style microphone on the left. To its right, the text "GAPNA CHAT" is displayed in large, white, sans-serif capital letters. Below this, in smaller white text, are the words "care • continuity • connection". Further down is the GAPNA logo, which consists of a circular icon with dots and the text "GAPNA" in a bold, sans-serif font, with "Gerontological Advanced Practice Nurses Association" in a smaller font below it.

**In April, GAPNA launches season 3 of its official podcast *GAPNA Chat*.**

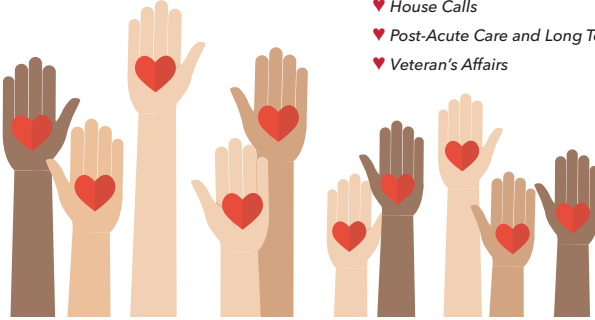
**New episodes will be released bi-weekly.**

*Listen on the GAPNA Website or subscribe on Apple Podcasts, Google Podcasts, Spotify, Stitcher, TuneIn Radio, Spreaker, and other podcast delivery services.*

# GAPNA NEEDS YOU

GAPNA is nothing without its dedicated members. We need your expertise, your knowledge and your engagement to keep GAPNA moving forward. Now is the time to join one of our many Committees or Special Interest Groups (SIGs).

- ♥ Acute and Emergent Care
- ♥ GeroPsych
- ♥ Hospice and Palliative Care
- ♥ House Calls
- ♥ Post-Acute Care and Long Term Care
- ♥ Veteran's Affairs
- ♥ Awards
- ♥ Communications
- ♥ Education
- ♥ Health Affairs
- ♥ Historical
- ♥ Research



Visit [www.gapna.org](http://www.gapna.org) to learn how you can volunteer for our Committees and Special Interest Groups (SIGs).

## Discover Opportunities. Recruit Talented Staff.

 **GAPNA**  
Career  
Center

**APPLY  
TODAY!**

[gapna.careerwebsite.com](http://gapna.careerwebsite.com)

# HOTEL PROPERTY MAP

## Hilton Hawaiian Village Property Map

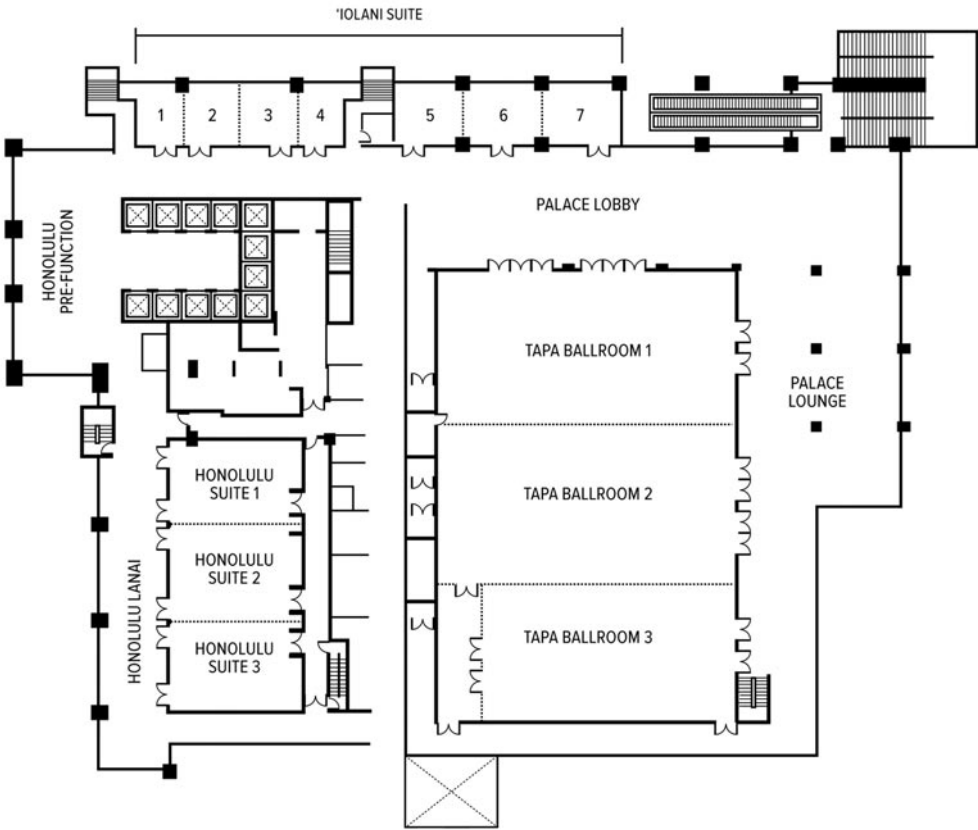


\*Information subject to change without notice.



# EXHIBIT HALL FLOOR PLAN

## Tapa 3



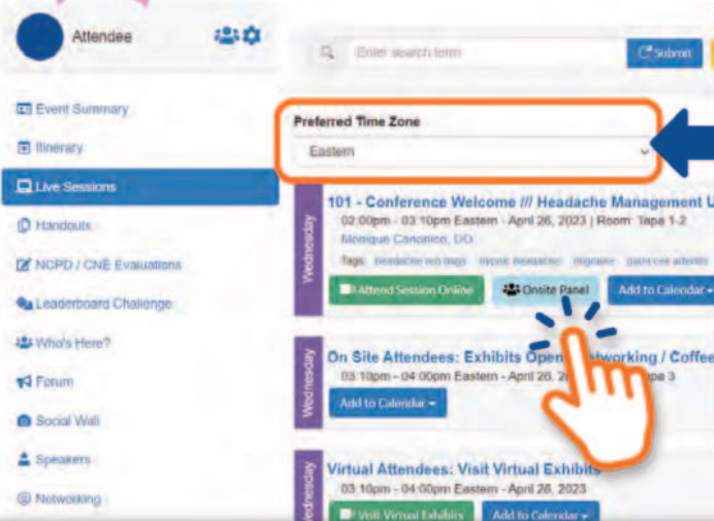
## Visit the Conference Hub to:

- Complete contact hour evaluations
- Download handouts
- Participate in polling
- Network with other attendees
- Participate in the Leaderboard Challenge to earn prizes!

**Go to [gapna.org/live](https://gapna.org/live)  
or use your phone to scan**



**Contact Hour Evaluation Deadline: June 12, 2023**



Please select the time zone you are in via the "Preferred Time Zone" dropdown located here

Click "Onsite Panel" to:

- Access the chat
- Participate in Q&A

# Nursing Continuing Professional Development Information and Disclosure

## Learning Outcome

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After attending this conference participants will self-report that they plan to apply updated information on pharmacotherapeutic agents to their prescribing practices for the older adult.

## Requirements for Successful Completion

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Attend 90% of each session in which contact hours are earned, complete an online evaluation, and submit.

## Disclosures

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**Planning Committee:** No planning committee member discloses any relevant financial relationship.

**Speakers:** No speaker discloses any relevant financial relationship.

## Nursing Continuing Professional Development

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Earn up to 18 nursing continuing professional development (NCPD) contact hours for professional development, recertification, and relicensure.

All education sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the learning outcome and content outline.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, provider number CEP5387.

GAPNA urges participants to be aware of the NCPD requirements for relicensure in the states in which they hold a license.

### **GAPNA 2023 Pharmacology Conference Planning Committee**

Valisa Saunders, MSN, APRN, GNP-BC, *Chair*

Jaime Green, APN, GNP

Sandy Kakiuchi, DNP, APRN, GCNS-BC

Jennifer Serafin, GNP-BC, GS-C

Rosemarie Marmion, MSN, RN, NPD-BC, NE-BC, *Education Director*

## 2023 Call For

# Gerontological Advanced Practice Nurses Association Foundation Grants/Awards Applications

Applications are due **May 15, 2023** for the following  
grants/awards presented at the *Annual Conference*  
([www.gapna.org](http://www.gapna.org))

### Awards Available

- **GAPNA Foundation Grant (\$2,000)**  
*2 grants available - \$2,000 awarded each*
- **GAPNAF Research Grant (\$2,000)**
- **GAPNAF Project Grant (\$2,000)**
- **GAPNAF Virginia Lee Cora Research/Project Grant (\$2,000)**
- **NEW – Barbara Resnick Health Promotion Grant (\$2,000)**

### Eligibility Requirements

- Applicants must be a current GAPNA member. If you are not a current member, you may include a GAPNA membership application and fee with the grant application.

### Grant Requirements

- Each grant is time limited and must be used during the 12 months following award.
- Grant funds must be used strictly for expenses related to the proposed research or project. No indirect or tuition expenses will be covered.

### Proposal Requirements

The proposal must be relevant to the nursing care of older adults.

- Evidence-based: examines and/or provides support for decision making in clinical practice and
- Outcomes-based: designed to measure and improve health outcomes for older adults.

### Review Criteria

The reviewers will evaluate the application using the following criteria:

- Overall impact
- Significance
- Investigator
- Innovation
- Approach
- Environment

Visit [www.gapna.org](http://www.gapna.org) for complete details and the application.



# EXHIBITORS

**Acadia Pharmaceuticals****Booth #202****Platinum Strategic Partner**

12830 El Camino Road, Suite 400  
San Diego, CA 92130  
[www.acadia.com](http://www.acadia.com)

**Astellas Pharma - Booth #207**

1 Astellas Way  
Northbrook, IL 60062  
[www.astella.com/us](http://www.astella.com/us)

**Boehringer Ingelheim  
Pharmaceuticals, Inc.****Booth #205**

5138 Deerview Park Drive  
Cleveland, OH 44102  
[www.boehringer-ingelheim.com](http://www.boehringer-ingelheim.com)

**Castle Biosciences****Booth #104**

505 S. Friendswood Drive, #401  
Friendswood, TX 77546  
[www.idgenetix.com](http://www.idgenetix.com)

**Chaminade School of Nursing &  
Health Professions****Booth 110**

3140 Waiialae Avenue  
Honolulu, HI 96816  
<https://chaminade.edu/>

**GAPNA****Booth #103/105**

200 East Holly Avenue  
Sewell, NJ 08080  
[www.gapna.org](http://www.gapna.org)

**GladskinMD****Booth #204**

315 S. Coast Highway 101, Ste U 57  
Encinitas, CA 92024  
[www.gladskinMD.com](http://www.gladskinMD.com)

**MedTech International Group****Booth #108**

875 N. Eldridge Parkway  
Houston, TX 77079  
[www.medtechinternationalgroup.com](http://www.medtechinternationalgroup.com)

**Mobile Diagnostic Swallowing  
Services****Booth 107**

1810 Makiki Street  
Honolulu, HI 96822  
[www.mobiledss.com](http://www.mobiledss.com)

**Neurocrine Biosciences, Inc.****Booth #102****Gold Strategic Partner**

12780 El Camino Real  
San Diego, CA 92130  
[www.neurocrinemedical.com](http://www.neurocrinemedical.com)

**PsychU****Booth #209****Gold Strategic Partner**

508 Carnegie Center  
Princeton, NJ 08540  
[www.psychu.org](http://www.psychu.org)

**Teva Pharmaceuticals****Booth #106**

400 Interpace Parkway  
Parsippany, NJ 07054  
[www.tevapharm.com](http://www.tevapharm.com)

**UCB Pharmaceuticals****Booth #206**

1036 N. Dearborn #901  
Chicago, IL 60610  
[www.ucb.com](http://www.ucb.com)

**Urovant Sciences, Inc.****Booth #100****Gold Strategic Partner**

5281 California Avenue, Suite 100  
Irvine, CA 92617  
[www.urovant.com](http://www.urovant.com)

**Viatrix****Booth #201/203**

1000 Mylan Boulevard  
Canonsburg, PA 15317  
[www.viatrix.com](http://www.viatrix.com)

While all reasonable care was taken in the exhibitor listing, there is always the possibility of error. We apologize if any inaccuracies are found. GAPNA assumes no liability for the accuracy of the information or omission of information.

# Member-Get-A-Member



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**GAPNA**  
Gerontological Advanced  
Practice Nurses Association



## RECRUIT FIVE NEW MEMBERS EARN A FREE MEMBERSHIP!

The person must be new to GAPNA or not have been a member for the past 12 months. The new member can only name one current member as their referral. The current member must be named on the new member's initial membership application.

This promotion is running through June 30, 2023.



## MONTHLY PRIZES AND GRAND PRIZE PACKAGE

Each month, anyone that has referred at least one new member will be entered to win a FREE Nursing Continuing Professional Development (NCPD) contact hour from the Online Library. Anyone successfully referring at least 5 members wins a free one-year GAPNA membership. Recruit more than five and you will be entered into a drawing to win a FREE registration to the 2023 Annual Conference in New Orleans!



### ONLINE NETWORKING

Connect with colleagues across the country through the GAPNA Exchange Online Community to share resources and find your people!

## Benefits

### PROFESSIONAL DEVELOPMENT

Receive one free Nursing Continuing Professional Development (NCPD) contact hour each month in the GAPNA Online Library, and access discounted registration for annual conferences!



### EXCLUSIVE DISCOUNTS

Free access to the *Geriatric Nursing* journal; discounted partner memberships; discounted credential renewals; and more!

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# We Are Your People

GAPNA launched the “We Are Your People” campaign to highlight the vibrant members that make up our organization. We know your journey did not begin the moment you became a gerontological advanced practice nurse, so tell us your story.

One person each month throughout the 2023 year will be featured on GAPNA’s social media accounts to share their journey with the world.

## We want to hear from you!

- What brought you to nursing?
- Why gerontology?
- How did you find GAPNA?
- Any advice to impart?



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to learn more



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[twitter.com/GAPNA\\_HQ](https://twitter.com/GAPNA_HQ)



[GAPNA](https://www.linkedin.com/company/gapna)



[@GAPNA\\_HQ](https://www.instagram.com/GAPNA_HQ)







The premier conference  
for improving your gerontological practice

CARE • CONTINUITY • CONNECTION



*Save the Date!*

**NEW ORLEANS**

**September 28-30, 2023**

**Hyatt Regency New Orleans**