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Gerontological Advanced Practice Nurses Association

# **Annual Conference**

September 26-29, 2018 Washington, DC Marriott Wardman Park Hotel Program Book

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**GNCC** Gerontology Nursing Certification Commission

## APRN Gerontological Specialist Certification Exam

Earn your GS-C credential and demonstrate your expertise!

We have a seat reserved for you! Where: Computer-based testing at a location near you! When: NOW! You set the date and time.

Be among the elite APRNs to earn a Gerontological Specialist-Certified (GS-C) credential. This is the ONLY specialty certification that recognizes your gerontological advanced practice nurse expertise. We are here to help. Please call 856.256.2345 or email gncc@gerocert.org if you have any questions. Visit gerocert.org for more information regarding the certification process.

## **Become Certified**

Please Join Us for an Industry Supported Presentation Theater Lunch at the 37th Annual Gerontological Advanced Practice Nurses Association Conference

AN EVIDENCE-BASED APPROACH TO Reducing Stroke Risk in Nonvalvular Atrial Fibrillation

### Thursday, September 27, 2018 12:30 pm – 1:30 pm

Marriott Wardman Park Hotel

Delaware Suite AB Washington, DC

#### Meenakshi Patel, MD, FACP, MMM, CMD

Principal Investigator, Valley Medical Research Clinical Associate Professor, Wright State University Centerville, Ohio

#### **PROGRAM DESCRIPTION**

This lecture will present options for reducing the risk of stroke in patients with nonvalvular atrial fibrillation.

In adherence with PhRMA guidelines, spouses or other guests are not permitted to attend companysponsored programs.

For all attendees, please be advised that information such as your name and the value and purpose of any educational item, meal, or other items of value you receive may be publicly disclosed. If you are licensed in any state or other jurisdiction, or are an employee or contractor of any organization or governmental entity, that limits or prohibits meals from pharmaceutical companies, please identify yourself so that you (and we) are able to comply with such requirements.

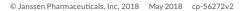
Please note that the company prohibits the offering of gifts, gratuities, or meals to federal government employees/officials. Thank you for your cooperation.

This promotional educational activity is not accredited. The program content is developed by Janssen Pharmaceuticals, Inc. Speakers present on behalf of the company and are required to present information in compliance with FDA requirements for communications about its medicines.

The personal information you provide may be used to contact you about your request to attend the Janssen Pharmaceuticals, Inc., educational program using your preferred method of communication as indicated by you. This information may be shared with Janssen Pharmaceuticals, Inc., its affiliates, and a third party for the sole purpose of completing your registration for this program and as required by Jaw.

Meeting space has been assigned to provide an Industry Supported Presentation Theater (ISPT) supported by Janssen Pharmaceuticals, Inc. during GAPNA's 2018 Annual Conference, September 26-29, 2018 in Washington, DC. GAPNA's assignment of meeting space does not imply product endorsement nor does GAPNA assume any responsibility for the educational content of the ISPT.

Supported by Janssen Pharmaceuticals, Inc.





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Gerontological Advanced Practice Nurses Association

## **Dear Colleagues:**

Welcome to the 37<sup>th</sup> Annual GAPNA Conference. On behalf of the Board of Directors and the National Office staff, I welcome you to Washington, DC, for another exciting annual conference! I extend heartfelt thanks to the 2018 planning committee for their hard work and efforts in planning the conference. Thank you to Kathryn Daniel (chair), Linda Beuscher, Victoria Nalls, Elizabeth Galik, Marianne Shaughnessy, Melissa Batchelor-Murphy, and Katherine Evans (board liaison).

This year GAPNA pays special effort in addressing the role advanced practice nurses play in advocating for the profession and sharing their voice in legislature. A special workshop sponsored by the Health Affairs Committee will be held to visit the Capitol in person and contribute to the advocacy role, with additional sessions within the main conference further elaborating on this theme.

We continue to offer a variety of sessions featuring the latest clinical, policy, and leadership trends in gerontological advanced practice nursing presented by top experts in the field. Additional highlights include a workshop free to all registered attendees on opioid prescribing, clinical project and research presentations developed and implemented by advanced practice nurses, pharmacology continuing education available from designated sessions, and onsite testing for those pre-registered individuals who are interested in sitting for the gerontological specialist exam offered by the Gerontology Nursing Certification Commission (GNCC).

We encourage you to share your voice not just as an advocate for the profession, but via networking with colleagues while onsite at the conference. Enjoy all that Washington, DC, has to offer, from historical, artistic, and cultural perspectives. The GAPNA Foundation offers three fun activities to help provide financial support for research and educational opportunities: scramble golf outing Wednesday, a fun run/walk Friday morning, and a "DC at Dusk" monuments tour Friday evening.

We appreciate your feedback to help us plan our conferences, so please share your thoughts and ideas with our board members, chapter presidents, committee chairs, and other volunteer leaders to help GAPNA continue to grow and serve its membership. We welcome you to Washington, DC, and hope you have a wonderful time!

Every day of our lives we are on the verge of making those slight changes that would make all the difference. Mignon McLaughlin

J. Michelle Moccia, DNP, ANP-BC, CCRN, GS-C President, GAPNA

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## Program-at-a-Glance **★ ★ ★**

## **TUESDAY, September 25, 2018**

**4:00 pm – 7:00 pm Registration Open** *Location: Atrium* 

## WEDNESDAY, September 26, 2018

**7:00 am – 7:00 pm Registration Open** *Location: Atrium* 

8:00 am – 11:00 am 010: Psychosis and Older Adults Location: Thurgood Marshall Ballroom

8:30 am – 12:00 pm 020: Advocacy Location: Wilson ABC

12:00 pm – 5:00 pm 030: Pharmacology Location: Thurgood Marshall North

1:00 pm – 6:00 pm Capitol Hill Visits (Session 020) Location: Off-Site

1:30 pm Scramble Golf Outing Location: Off-Site

#### 5:15 pm – 6:30 pm

**Presentation Theater:** Tradjenta® (Linagliptin) Tablets: A Review of Clinical Trial Data and Efficacy, Safety Data, and Dosing Information Supported by Boehringer Ingelheim Pharmaceuticals, Inc. Location: Lincoln 5/6

6:45 pm – 9:00 pm 040: Pain Management and Opioids Location: Thurgood Marshall Ballroom

7:00 pm – 8:30 pm De-Briefing and Facilitated Discussion (Session 020) Location: Wilson ABC

## **THURSDAY, September 27, 2018**

6:30 am – 5:00 pm Registration Open Location: Atrium

7:00 am – 8:00 am 110: New Member/First-Time Attendee Breakfast Location: Lincoln 5/6

7:00 am – 8:00 am Presentation Theater: Introduction to the First and Only Nebulized LAMA Therapy for the Treatment of COPD Supported by Sunovion Pharmaceuticals Location: Wilson ABC

8:00 am – 8:15 am Welcome and Introduction Location: Thurgood Marshall Ballroom 8:15 am – 9:15 am 120: Health Policy Location: Thurgood Marshall Ballroom

9:15 am – 10:45 am Grand Opening Exhibit Hall/Poster Viewing/Coffee Break Location: Hall C

10:45 am – 12:15 pm 130: Preventing Suicide in Older Adults Location: Thurgood Marshall Ballroom

12:30 pm – 1:30 pm Presentation Theater: An Evidence-Based Approach to Reducing Stroke Risk in Nonvalvular Atrial Fibrillation Supported by Janssen Pharmaceuticals of J&J Location: Delaware Suite AB

12:30 pm – 1:30 pm Presentation Theater: Options in Insulin: Basaglar® (Insulin Glargine Injection) Supported by Boehringer Ingelheim & Eli Lilly and Company Diabetes Alliance Location: Lincoln 5/6

1:40 pm – 2:40 pm 140: Dementia Management Update Location: Thurgood Marshall Ballroom

2:50 pm – 3:50 pm 151: Decisional Capacity Location: Thurgood Marshall Ballroom

**152:** Nursing Home Regulatory Update *Location: Wilson* 

**153:** Controversies in the Management of Subclinical Hypothyroidism *Location: Lincoln 5/6* 

#### 4:00 pm – 5:00 pm

**161:** Sarcopenia Location: Thurgood Marshall Ballroom

**162:** Meaningful Conversations throughout the Course of Illness Location: Wilson

**163:** QAPI: Updates and What You Need to Know *Location: Lincoln 5/*6

5:00 pm – 6:30 pm Exhibits Open/Poster Reception Location: Hall C

## Program-at-a-Glance ★ ★ ★

## FRIDAY, September 28, 2018

6:00 am – 7:00 am Foundation Fun/Run Walk Location: Off-Site (Depart from Hotel Lobby)

6:45 am – 5:00 pm Registration Open Location: Atrium

7:00 am – 8:00 am Presentation Theater: Discussing Erivedge (Vismodegbib) for the Treatment of Advanced Basal Cell Carcinoma Supported by Genentech Pharmaceuticals Location: Lincoln 5/6

8:15 am – 9:15 am 210: Age-Friendly Health Systems Location: Thurgood Marshall Ballroom

9:15 am – 10:45 am Exhibits Open/Poster Viewing/Coffee Break Location: Hall C

10:45 am – 11:45 am 220: Home-Based Primary Care Location: Thurgood Marshall Ballroom

12:00 pm – 1:00 pm Presentation Theater: A GLP-1 RA Treatment Option from Eli Lilly And Company Supported by Lilly USA, LLC Location: Lincoln 5/6

12:00 pm – 1:00 pm Presentation Theater: Advanced Wound Care through the TIME Principle Supported by Smith & Nephew Location: Delaware Suite AB

1:15 pm – 2:15 pm 231: Evaluation & Management Codes *Location: Wilson ABC* 

**232:** Care of the Older Adult Cancer Survivor *Location: Coolidge* 

**233:** Differential Diagnosis of Anemia *Location: Thurgood Marshall Ballroom* 

2:15 pm – 3:15 pm Exhibits Open/Poster Viewing/Refreshment Break Location: Hall C

**3:15 pm – 4:15 pm 241** Gero-Oncology Screening *Location: Wilson ABC* 

**242:** Assessment & Treatment of Older Adults with HIV or HCV *Location: Coolidge* 

**243:** Delirium across the Care Continuum *Location: Thurgood Marshall Ballroom* 

#### 4:30 pm – 5:30 pm

Committee/Special Interest Group (SIG) Meetings Chapter Leadership: Madison A Gerospsych: Taft Education Committee: Buchanan Veteran's Affairs: Balcony B Health Affairs: Madison B Historical Committee: McKinley Hospice/Palliative Care SIG: Balcony A House Calls/Assisted Living SIG: Tyler Leadership SIG: Hoover Acute Care/Emergent Care SIG: Harding

Post-Acute Care/LTC SIG: *Delaware A* Research Committee: *Cleveland 1* Cross-Cultural Care SIG: *Delaware B* 

5:30 pm – 6:45 pm

**Presentation Theater:** Managing Your Long-Term Care Residents with COPD Supported by Sunovion Pharmaceuticals Location: Lincoln 5/6

7:00 pm DC at Dusk Monuments Tour

Location: Off-Site

SATURDAY, September 29, 2018

**7:30 am – 4:00 pm Registration Open** *Location: Registration B* 

8:15 am – 9:15 am 310: National Implementation of APRN Full Practice Authority Location: Thurgood Marshall Ballroom

9:30 am – 11:30 am 321: Research/Clinical Project Podium Presentations *Location: Coolidge* 

**322:** Ankle & Foot Wounds *Location: Wilson* 

**323:** Non-Pharmacologic & Pharmacologic Management *Location: Marriott Salon 1* 

11:45 am – 1:30 pm 330: Membership Meeting/Awards Luncheon Location: Thurgood Marshall Ballroom

1:45 pm – 2:45 pm 341: Using Social Media Effectively Location: Wilson ABC

**342:** Update in Chronic Kidney Disease Management & Prescribing *Location: Marriott Salon 1* 

3:00 pm – 4:00 pm 350: Understanding Scope of Practice Location: Thurgood Marshall Ballroom

## Conference Program **★ ★**

## TUESDAY, September 25, 2018

4:00 pm – 7:00 pm Registration Open

## WEDNESDAY, September 26, 2018

7:00 am – 7:00 pm Registration Open

## 8:00 am – 11:00 am

Pre-Conference Workshop (2.5 contact hours which includes 0.5 hours of pharmacology credit)

#### 010 Psychosis and Older Adults: Assessment, Diagnosis, and Management – R Melodee Harris, PhD, APRN, GNP-BC, AGPCNP-BC; Amy M. Lewitz, PMHCNS, APRN-BC; George

BC; AMY M. LEWIZ, PIVIHCINS, APRIN-BC; George Peraza-Smith, DNP, APRN, GNP-BC, AGPCNP-C, CNE; Linda J. Keilman, DNP, GNP-BC, FAANP; Pamela Cacchione, PhD, CRNP, BC, FGSA, FAAN

 After completing this learning activity, the participant will be able to perform an assessment for signs and symptoms of late-life psychosis in older adults, complete a differential diagnosis, and implement three management strategies for the underlying causes of psychosis in older adults.

## 8:30 am - 7:00 pm

## Pre-Conference Workshop (5.0 contact hours) 020 Advocacy: Fundamentals of Legislative

Updates and Visits to the Capital Facilitator: Susan Mullaney, DNP, APRN, GNP-BC, FAANP

Presenters: Allyson Y. Schwartz; Dave Mason

 After completing this learning activity, the participant will be able to describe the key concepts and protocols of legislative visits and discuss APRN role in meeting with legislators and advocating on key topics affecting the older adult.

## 12:00 pm - 5:00 pm

## Pre-Conference Workshop (4.5 contact hours which includes 4.5 hours of pharmacology content)

#### 030 Pharmacology: Parkinson's, Movement Disorders, and Neuro Drugs - R

Colley Peach, MSN, RN, CS, FNP; Fahd Amjad, MD. MS

• After completing this learning activity, the participant will be able identify categories of medications used in treatment of movement disorders and understand the pharmacology of the medications used for Parkinson's disease.

#### 1:30 pm GAPNA Foundation Scramble Golf Outing (Off-Site)

#### 5:15 pm – 6:30 pm Industry-Supported Presentation Theater Tradjenta® (Linagliptin) Tablets: A Review of Clinical Trial Data and Efficacy, Safety Data, and Dosing Information

James Raphael Gavin, III, MD, PhD, BS Dinner will be provided.

Attendees will be admitted on a first-come basis. This presentation will cover clinical trial data and efficacy, safety data, and dosing information for Tradjenta. Attendees will also have the opportunity to ask the presenter questions about the data shared.

> Supported by Boehringer Ingelheim Pharmaceuticals, Inc.

#### 6:45 pm – 9:00 pm Evening Session (2.25 contact hours which includes 2.25 hours of pharmacology credit)

## 040 Pain Management and Opioids: Balancing Risks and Benefits - R

Theresa Mallick-Searle, MS, ANP-BC

 After completing this learning activity, the participant will accurately assess patients with pain for consideration of an opioid trial, establishing realistic goals for pain management and restoration of function, initiate opioid treatment (IR and ER/LA) safely and judiciously, maximizing efficacy while minimizing risk, monitor and re-evaluate treatment continuously; discontinue safely when appropriate, counsel patients and caregivers about safe storage and disposal, as well as safe use, misuse, diversion and overdose, and demonstrate working knowledge and ability to access general and specific information about opioids, especially those used in your practice.

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

2.25 hours of CE and pharmacology will be awarded upon completion of the Assessment and Evaluation at the end of the session.

The Nurse Practitioner Healthcare Foundation (NPHF) is a non-profit organization with the mission of improving health status and quality of care through NP innovations in clinical care, research, education, health policy, and philanthropy. NPHF is always interested in connecting with NP volunteers to help with CE content development, development of white papers, scholarship and award application reviews, and other projects.

Contact: Pam Jenkins, MS, NP, Program Director at pamjw@nphealthcarefoundation.org

Website: nphealthcarefoundation.org

## Conference Program **★ ★**

## THURSDAY, September 27, 2018

6:30 am – 5:00 pm Registration Open

7:00 am – 8:00 am 110 New Member/First-Time Attendee Breakfast

7:00 am – 8:00 am Industry-Supported Presentation Theater Introduction to the First and Only Nebulized LAMA Therapy for the Treatment of COPD Breakfast will be provided. Attendees will be admitted on a first-come basis.

Supported by Sunovion Pharmaceuticals

8:00 am – 8:15 am Welcome and Introduction

# 8:15 am – 9:15 am Keynote Address (1.0 contact hour) 120 Health Policy: APRNs Working to the Full Extent of the Law

Julie Fairman, PhD, RN, FAAN

• After completing this learning activity, the participant will be able to connect practice scope to policy activities.

#### 9:15 am – 10:45 am Grand Opening Exhibit Hall/Poster Viewing/ Coffee Break

#### 10:45 am – 12:15 pm General Session (1.5 contact hours) 130 Preventing Suicide in Older Adults

- Marcia J. Walmer, DNP, RN, PMHNP-BC, LCSW, ACSW; Izabela Kazana, DNP, ARNP, AGPCNP-BC; Melodee Harris, PhD, APRN, GNP-BC, AGPCNP-BC
- After completing this learning activity, the participant will be able to access and use an evidence-based screening instrument for suicide assessment in older adults and address gaps in clinical practice related to suicide prevention.

### 12:30 pm – 1:30 pm Industry-Supported Presentation Theater An Evidence Based-Approach to Reducing Stroke Risk in Nonvalvular Atrial Fibrillation Meenakshi Patel, MD, FACP, MMM, CMD

Lunch will be provided.

Attendees will be admitted on a first-come basis. This lecture will present options for reducing the risk of stroke in patients with nonvalvular atrial fibrillation.

Supported by Janssen Pharmaceuticals of J&J

## 12:30 pm – 1:30 pm Industry-Supported Presentation Theater Options in Insulin: Basaglar<sup>®</sup> (Insulin Glargine Injection)

Nancy D'Hondt, RPh, CDE, FAADE Lunch will be provided.

Attendees will be admitted on a first-come basis.

This presentation theater will present an insulin glargine option from the Boehringer Ingelheim and Eli Lilly and Company Diabetes Alliance. The presentation will provide information regarding the Basaglar clinical profile, as well as dosing and administration. There will also be a discussion on some of the challenges associated with initiating insulin and an overview of Basaglar patient resources. Attendees will have the opportunity to ask the faculty questions about the data presented and refreshments will be provided.

Supported by Boehringer Ingelheim & Eli Lilly and Company Diabetes Alliance

## 1:40 pm – 2:40 pm General Session (1.0 contact hour) 140 Dementia Management Update

Marie Boltz, PhD, CRNP

• After completing this learning activity, the participant will be able to describe the current management principles, approaches, and levers for quality dementia care.

## 2:50 pm – 3:50 pm Concurrent Sessions (1.0 contact hour each)

## **151 Decisional Capacity**

Damien Doyle, MD, CMD, FAAFP; Jack Schwartz, JD, BA

 After completing this learning activity, the participant will be able to understand the meaning of decisional capacity and be able to execute a decisional capacity evaluation.

## 152 Nursing Home Regulatory Update

Alex Bardakh, MPP, PLC

• After completing this learning activity, the participant will be able to describe the changing role of nursing facilities in value-based medicine.

#### **153** Controversies in the Management of Subclinical Hypothyroidism in the Older Adult Susan Sanner, PhD, APRN, FNP-BC

 After completing this learning activity, the participant will be able to analyze the currrent controversies around the management of patients with subclinical hypothyroidism.

#### 4:00 pm – 5:00 pm Concurrent Sessions (1.0 contact hour each) 161 Sarcopenia

Ameera Chakravarthy, MS, CRNP, ACNP-BC, FNP-BC

• After completing this learning activity, the participant will be more knowledgeable about evidence-based interventions to accurately assess, prevent, and treat sarcopenia in older adults.

## 162 Meaningful Conversations throughout the Course of Illness

Ami Goodnough, DNP, NP-C, AHPCN; J. Nicole Saizan, MSN, CRNP; J. Michelle Moccia, DNP, ANP-BC, CCRN

• After completing this learning activity, the participant will be able to recognize the need for different types of conversations at different times throughout a person's life and gain confidence and skill to lead and guide those discussions.

#### **163 QAPI: Updates and What You Need to Know** Alice Bonner, PhD, RN, NP

• After completing this learning activity, the participant will have increased confidence in their ability to implement QAPI principles effectively in their practice setting.

## 5:00 pm – 6:30 pm Exhibits Open/Poster Reception

## FRIDAY, September 28, 2018

6:00 am – 7:00 am Foundation Fun/Run Walk

6:45 am – 5:00 pm Registration Open

## 7:00 am – 8:00 am

Industry-Supported Presentation Theater Discussing Erivedge (Vismodegbib) for the Treatment of Advanced Basal Cell Carcinoma George Monks, MD

Breakfast will be provided.

Attendees will be admitted on a first-come basis. Please join us for a promotional non-CME program that will review and discuss the efficacy, safety, and tolerability of an FDA-approved treatment for advanced basal cell

of an FDA-approved treatment for advanced basal ce carcinoma.

Supported by Genentech Pharmaceuticals

## 8:15 am – 9:15 am

## General Session (1.0 contact hour) 210 Age-Friendly Health Systems: A Systematic Approach to Reducing Elder Abuse and Neglect

Terry Fulmer, PhD, RN, FAAN

• After completing this learning activity, the participant will understand their ability to assess and intervene in elder abuse cases.

## 9:15 am – 10:45 am Exhibits Open/Poster Viewing/Coffee Break

### 10:45 am – 11:45 am General Session (1.0 contact hour) 220 Home-Based Primary Care

- K. Eric De Jonge MD
- After completing this learning activity, the participant will understand the key elements of success needed to build an effective home-based primary care team and know the value of such care for patients and payors.

#### 12:00 pm – 1:00 pm Industry-Supported Presentation Theater A GLP-1 RA Treatment Option from Eli Lilly and Company Scott R. Drab, PharmD

Lunch will be provided.

Attendees will be admitted on a first-come basis.

This presentation theater is sponsored by and the speaker is presenting on behalf of Lilly USA, LLC. It is being presented consistent with FDA guidelines and is not approved for continuing education credit. This program will discuss a GLP-1 receptor agonist indicated as an adjunct to diet and exercise to improve glycemic control for specific patients. Join a discussion on the efficacy and safety of this therapy and obtain information on dosing and administration in long-term care settings. Attendees will have the opportunity to ask the faculty questions about the data presented and refreshments will be provided.

## Supported by Lilly USA, LLC

### 12:00 pm – 1:00 pm Industry-Supported Presentation Theater Advanced Wound Care through the TIME Principle

Lunch will be provided. Attendees will be admittedon a first-come basis.

This program will demonstrate the impact of chronic wounds and how wounds become chronic, discuss the TIME principles of wound bed preparation as a best practice to advance stalled wounds along the natural healing process, and explore how the Smith & Nephew biotherapeutic products can facilitate the TIME principles of wound bed preparation. It will also evaluate the S&N biotherapeutic products as evidence-based wound care products.

Supported by Smith & Nephew

## Conference Program ★ ★

## FRIDAY, September 28, 2018 (continued)

## 1:15 pm – 2:15 pm

## Concurrent Sessions (1.0 contact hour each) 231 Evaluation and Management Codes

Leonard Gelman, MD, CMD

• After completing this learning activity, the participant will be able to use CPT codes for various NH visits.

#### 232 Care of the Older Adult Cancer Survivor Sheree Bennett, AGPCNP-BC

• After completing this learning activity, the participant will be able to identify potential sequela of cancer treatment and identify potential treatments in the older adult.

## 233 Differential Diagnosis of Anemia in the Older Adult

Patti Parker, PhD, RN, ANP, GNP-BC

• After completing this learning activity, the participant will be more proficient at diagnosing and managing anemia in the older adult with multiple medical problems.

## 2:15 pm – 3:15 pm Exhibits Open/Posters Viewing/Refreshment Break

### 3:15 pm – 4:15 pm Concurrent Sessions (1.0 contact hour each) 241 Gero-Oncology Screening

Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP

• After completing this learning activity, the participant will be able to appropriately screen older adults for cancer and address challenging clinical situations in this area.

## 242 Assessment and Treatment of Older Adults with HIV or HCV

Jennifer Hoffmann, MPH, CRNP

• After completing this learning activity, the participant will be able to discuss the epidemiological pattern of aging with HIV and discuss common management and drug interactions

## 243 Delirium across the Care Continuum

Kanah Lewallen, DNP, AGPCNP-BC, GNP-BC

• After completing this learning activity, the participant will be able to understand the complexities of care related to delirium in the older adult and tools to manage it.

## 4:30 pm – 5:30 pm

## Committee/Special Interest Group (SIG) Meetings

Please see p. 3 for specific groups meeting at this time.

5:30 pm – 6:45 pm Industry-Supported Presentation Theater Managing Your Long-Term Care Residents with COPD

Dinner will be provided. Attendees will be admitted on a first-come basis. **Supported by Sunovion Pharmaceuticals**  7:00 pm DC at Dusk Monuments Tour (Off-Site)

## SATURDAY, September 29, 2018

7:30 am – 4:00 pm Registration Open

## 8:00 am - 12:00 pm

**Gerontological Specialist Certification Exam** Pre-registration required. Testing begins promptly at 8:00 am.

## 8:15 am – 9:15 am General Session (1.0 contact hour)

## 310 National Implementation of APRN Full Practice Authority in the Veterans Administration

Suzanne Thorne-Odem, DNP, FNP-C

• After completing this learning activity, the participant will be able to describe the process of National Full Practice Authority in the VA,

This session will not appear in the GAPNA Online Library.

## 9:30 am – 11:30 am

In-Depth Focus Sessions (2.0 contact hours each) 321 Research/Clinical Project Podium

## Presentations

**Project 1: Transition from SNF to Home: Patients' and Family Caregivers' Perspective** *Linda Beuscher, PhD, RN, GNP, FNAP* 

Project 2: The Relationship between Frailty in the Hospitalized Older Adult and Recurrent Clostridium Difficile

Anna Boone, PhD, ANP-BC

Project 3: Identifying and Staging Chronic Kidney Disease (CKD) in Patients with Hypertension and Diabetes in Primary Care through Pre-Visit Planning Monica McNeill Cades, DNP, CRNP

Project 4: Falls with Major Injury among Nursing Home Residents Soon Young Ha, PhDc, RN

**Project 5:** A Retrospective Comparative Analysis of Two Treatment Options of Deep Tissue Pressure Injuries to Feet and Lower Legs

Autumn Henson, DNP, GNP-BC, WCC

#### Project 6: Fall Risk Reduction among Urban, Community-Dwelling Older Adults Katherine Puleo, DNPc, RN

After completing this learning activity, the participant will be able to describe the background and methodology used to develop each study, identify the key findings within each research presentation, and discuss the limitations and implications for future practice.

## SATURDAY, September 27, 2018 (continued)

## 322 Ankle and Foot Wounds

Timothy Lapham, MD; Victoria Nalls, GNP-BC, CWS, ACHPN

- After completing this learning activity, the participant will be able to identify and distinguish between the common types of ankle and foot wounds and acknowledge what they can treat in place and what needs to be referred to a wound care specialist.
- 323 Non-Pharmacologic and Pharmacologic Management of Behavioral and Psychological Symptoms of Dementia in Long-Term Care - R Elizabeth Galik, PhD, CRNP, FAAN, FAANP; Nicole J. Brandt, PharmD, MBA, BCGP, BCPP, FASCP
- After completing this learning activity, the participant will be able to describe the efficacy and risks associated with non-pharmacological and pharmacological interventions for the treatment of behavioral and psychological symptoms of dementia and develop strategies for quality improvement. (Includes 1.0 hour of pharmacology credit)

11:45 am – 1:30 pm 330 Membership Meeting/Awards Luncheon

## 1:45 pm – 2:45 pm

Concurrent Sessions (1.0 contact hour each)

341 Using Social Media Effectively to Enhance Health Care for Older Adults across Practice Settings

Sharon Bronner, DNP, MSN, GNP-BC, ACHPN; J. Michelle Moccia, DNP, ANP-BC, CCRN; Christine Tocchi, PhD, APRN, GNP-BC; Valerie J. Flattes, PhDc, APRN, MS, ANP-BC

• After completing this learning activity, the participant will have increased knowledge of social media attributes that can contribute to patient care and education and decrease health care disparity across the continuum of older adult needs.

#### 342 Update in Chronic Kidney Disease Management and Prescribing Kevin Heath, MD, MHL, FACP

• After completing this learning activity, the participant will be able to appropriately identify and stage chronic kidney disease.

## 3:00 pm – 4:00 pm (1.0 contact hour) 350 Understanding Your Scope of Practice

John Gonzalez, DNP, RN, ACNP-BC, NP-C
After completing this learning activity, the participant will be able to analyze nurse practitioner scope of practice.

# GAPNA Gives Back



**Every year at our annual conference,** GAPNA strives to give back to the local community of older adults in need. This year in Washington, DC, we are partnering with lona, an organization that supports older adults as they experience the challenges and opportunities of aging. Iona frequently works with individuals, families, or businesses who are inspired to sponsor a food or product drive. GAPNA is choosing to donate toiletry items and gift cards to older adults in need. If you would like to participate please bring items such as tooth brushes, shampoo, drug store gift cards, or supermarket gift cards to support GAPNA and Iona's efforts.

If you have any questions, feel free to reach out the National Office at gapna@gapna.org.

Read about all the wonderful work that lona is doing. www.iona.org



## Rising Star ★ ★

## Patti Parker: Educator, Clinician, and Patient Advocate

## Patti Parker, PhD, RN, ANP, GNP-BC,

is GAPNA's Rising Star for Fall 2018. She is Assistant Professor, Clinical Nursing, University of Texas at Arlington College of Nursing and Health Innovation (CONHI), and is also a staff member at a dermatology clinical practice in Dallas, TX. She had been a GAPNA member for 5 years.

Dr. Parker earned her BSN degree from Baylor University, Waco, TX; MSN in Adult Health CNS at University of Texas at Arlington

College of Nursing and Health Innovation, Arlington, TX; Post-Masters as an Adult/Geriatric NP, University of Texas at Arlington College of Nursing and Health Innovation, Arlington, TX; and a PhD in Gerontology from the University of North Texas, Denton, TX.

Since 2004, she has been a subject matter expert for the American Nurses Credentialing Center, creating enduring materials and presenting review seminars in the areas of pharmacology, dermatology, and geriatrics.

## A Patient Advocate

"Prior to 2014, I taught part time at UT CONHI, and I maintained a full-time geriatric practice – outpatient and long-term care – for Health Texas Provider Network in Dallas," Patti said. "[This experience was] a wonderful example of multidisciplinary collaborative geriatric care [from 2004 until 2014]. As health care began to change during this period, the provider network opted to dissolve their stand-alone geriatric service line. It was during this time that I joined the university as a full-time faculty teaching geriatrics and internal medicine courses in the nurse practitioner program."

In the dermatology clinic, Patti is responsible for evaluating and treating older adults with skin, hair, and nail issues, wound care, skin lesions and rashes, and alopecia. In addition, she is involved in policy and procedure development at the clinic.

"In the educator role, I develop and deliver content specific to geriatric medical issues to nurse practitioner students going into the field of internal medicine and geriatrics," she explained. "In my role at UT College of Nursing and Health Innovation, I teach pharmacology to all prospective nurse practitioner students. One of the principles I attempt to develop in students is to be an advocate for your patients – of course that is the case with neonates and children – but this principle is so relevant in the frail, older population."

## Valuable Lessons

Patti shared her inspiration for adult geriatric nursing practice. "Growing up in a small town in East Texas, I spent many hours with my grandparents. Each taught me many valuable lessons, and I was fortunate to have one of them live into her 9th decade. Those experiences made me comfortable taking care of older adults when I was a new graduate RN, and I found their medical complexity stimulating. While at the same time, their years of life made them so wise in the ways of the world.



"When I first went into nursing school, I thought I wanted to become an operating room nurse, but after a short rotation in the OR, I quickly discovered this arena was not for me. I told my college roommates, 'I want to be able to talk to my patients, hear their stories, that way I can better assist them.'"

Patti sees patient longevity and care and treatment of chronic illness shaping the evolution of geriatric nursing. "This phenomenon mandates more healthcare providers to be well

versed in the care of the older adult, which can be a tall order. Our patients often have many medical issues that require complex management plans. Yes, there may be many specialists involved in the care of the older adult, but each of them deserves a medical fiduciary. Advanced practice nurses are ideal for this role. Patients that do not have such [advocates] are often unable to navigate the healthcare system in an optimal way."

## Educating Students, Learning from Patients

Patti enjoys the education and leaning aspects experienced with both students and patients. "Students asking me great questions have made me a better provider of geriatric care, while I have learned more from my patients than even the best textbook."

When she is not at the university or in the clinic, Patti enjoys cooking. "Although, I have been a vegetarian for over 20 years and try to eat healthy, I love great desserts and coffee."

As geriatric healthcare evolves, Patti sees an important need for helping patients navigate and increasingly complex healthcare system. "I have been caring for older adults as an advanced practice nurse since the summer of 1993, so it is hard to imagine not continuing to teach, mentor, and care for this population in some form. I believe empowering other advanced practice nurses as they enter the field of geriatrics is one contribution to our specialty that I am privileged to be a part of. In the next 5 years, I hope to embellish on the role of the medical fiduciary for the older adult population. The geriatric literature has been a proponent of multidisciplinary care for as long as I can remember, but with the complexity of our healthcare system today, I am not sure that is enough. The geriatric advance practice nurse would be ideal to navigate complex patient care - either as a private business entity, as part of a healthcare system or perhaps in some other mediator role."

Patti became involved with GAPNA through her a long-time friend and colleague, Dr. Kathryn Daniel, who "encouraged me throughout my career to be active in our field. Some might say that we have grown up in the specialty together."

Patti lives in Dallas, TX. She enjoys spending time with her significant other of many years, Michael, and the family dog Blossom.

## **Conference Learning Outcome**

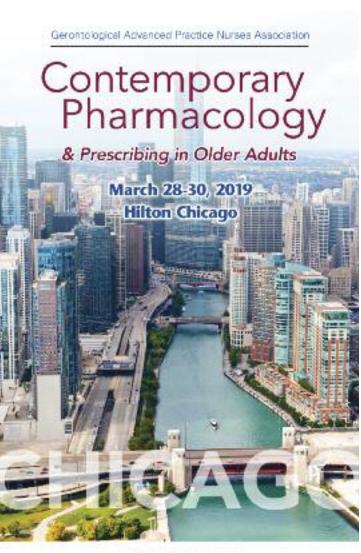
Advanced practice nurses caring for older adults will gain enhanced knowledge applicable to practice by attending the 2018 GAPNA Annual Conference.

## **Requirements for Successful Completion**

Attend 90% of each session in which contact hours are earned, complete an online evaluation, and submit.

## **Continuing Education**

Select sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content is time-based on the content outline. Pharmacology credit of up to 1.0 hour can be accumulated by any one person attending conference





sessions (if attending sessions offering the highest number of pharmacology hours available). Additional pharmacology credit is available for pre-conference workshops where indicated.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

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GAPNA urges all participants to be aware of their State Board of Nursing's Continuing Education and/or certificate requirements, particularly in regards to the length of time a certificate must be kept by the learner.

## **Learning Outcomes**

Learning outcomes for each session are listed as bulleted items in the conference program section.

## Disclosures

*Planning Committee disclosures:* Melissa Batchelor-Murphy discloses that she serves as a consultant for MBM Consulting, LLC.

*Speaker disclosures:* Fahd Amjad (session 030) discloses that he is a member of the speakers' bureau for Arcadia Pharmaceuticals.

Pamela Cacchione (session 010) discloses receipt of royalty as an editor for the following journal published by Sage Publishing: *Clinical Nursing Research, An International Journal*.

Soon Young Ha (session 321) discloses other financial/material support received from the Center of Nursing Advancement and 2016 United Health Group Award via GAPNA Foundation.

Melodee Harris (session 010) discloses other financial or material support from a HRSA ANE grant and NCIPE grant.

Autumn Henson (session 321) discloses other financial or material support: From 2015-2017, while working on her first QAPI project in her two facilities, she worked with Ferris Corporation.

*Poster Presenter disclosures:* No poster presenter discloses any potential or actual conflict of interest.

## **Commercial Support and Sponsorship Disclosure**

This program received no commercial support. This program received no corporate sponsorship.

## 

## **Annual Conference**

September 26–29, 2018 Washington, DC Marriott Wardman Park Hotel

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## **Registration and Exhibit Information**

The GAPNA Annual Conference badge given at registration is your admission to all functions. Please wear this badge at all times.

The GAPNA Registration Desk will be open throughout the conference to provide service to pre-registered attendees and onsite registrants. Central information and messages will be available at the Registration Desk.

Notify the Registration Desk or session moderator of any emergency. Participants may be reached for emergency phone calls at the registration area. Please leave word at the desk if you are expecting such a call.

While all reasonable care was taken in the exhibitor listing, there is always the possibility of error. We apologize if any inaccuracies are found. GAPNA assumes no liability for the accuracy of the information or omission of information.

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Rosemarie Marmion, MSN, RN-BC, NE-BC, Education Director

Michele Boyd, MSN, RN, Education Director

## **Non-CE Posters**

The below-listed posters will be displayed in the Exhibit Hall for attendee viewing but are not eligible for continuing nursing education contact hours.

## N1: Effects of Long-Term Valbenazine on Tardive Dyskinesia in Younger and Older Adults: KINECT 4 Study Results

Sean Hinton, PhD, Senior Medical Science Liaison, Neurocrine Biosciences, San Diego, CA Jessica Johnson, PhD, MSN, Director, Clinical Practice Liaisons, Neurocrine Biosciences, San Diego, CA

### N2: Safety of Valbenazine in Younger and Older Adults with Tardive Dyskinesia: Results from 3 Long-Term Studies

Sean Hinton, PhD, Senior Medical Science Liaison, Neurocrine Biosciences, San Diego, CA Jessica Johnson, PhD, MSN, Director, Clinical Practice Liaisons, Neurocrine Biosciences, San Diego, CA

#### N3: First Uninterrupted Sleep Period in Older Adults after Treatment with AV002, An Emulsified Low Dose Vasopressin Analog for Nocturia

Diane Newman, DNP, FAAN, BCB-PMD, Research Investigator; Senior and Adjunct Professor, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA

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## Poster Presentations $\bigstar \bigstar \bigstar$

## **Poster Viewing Times**

#### Thursday, September 27, 2018, 9:15 am - 10:45 am

**Note for Education Poster Presenters:** Please be prepared to give a short 5minute presentation on the content of your poster during this poster viewing time.

## Thursday, September 27, 2018, 5:00 pm – 6:30 pm

**Note for Research and Clinical Project Poster Presenters:** Please be prepared to answer questions on your poster content from the Research Committee during this poster viewing time.

## Friday, September 28, 2018, 9:15 am - 10:45 am

Friday, September 28, 2018, 2:15 pm - 3:15 pm

## **Education Posters**

## E1: Dementia Simulation Toolkits

Sarah E. Endicott, DNP, APNP, GNP-BC, Clinical Assistant Professor, University of Wisconsin-Madison, Madison, WI

### E2: Infusing the Social Determinants of Health into Adult-Gerontology Primary Care Nurse Practitioner Curriculum

Laurie Kennedy-Malone, PhD, GNP-BC, FAANP, FGSA, Professor of Nursing, School of Nursing, University of North Carolina – Greesnboro, Greensboro, NC

## **Research and Clinical Project Posters**

### P1: Proactive Nursing Management of Constipation in the Skilled Nursing Facility: A Quality Improvement Project Using "A Model for Change to Evidence-Based Practice"

Cecilia Nwogu, DNP, GNP-BC, PMHNP, Geriatric Nurse Practitioners, Adult Health Consultants of Atlanta, Conyers, GA

## P2: Initiating the Loeb Criteria in Long-Term Care

Janice Khauslender, DNPc, MSN, RN, NP-C, Nurse Practitioner, OptumCare, Greensboro, NC

## P3: Integrative Review: Nurse Burnout in Gerontological Nursing

Suzanne Dutton, DNPc, MSN, GNP-BC, RN, Advanced Practice Geriatric Nurse, Sibley Memorial Hospital, Washington, DC

## P4: Quality Improvement of a Geriatric Chronic Care Management Program

Courtney Holmes, DNP, APRN, ANP-BC, Practice Transformation Nurse Practitioner, UConn Health, Farmington, CT

Candace Pettigrew, BSN, RN, CCP, Chronic Case Manager, UConn Health, Farmington, CT

## Learning outcome

After completing this learning activity, the participant will be able to assess innovations being used by other professionals in the specialty and evaluate the potential of implementing the improvements into practice.

0.5 contact hours will be awarded for poster viewing.

P5: Relationships among Demographic and Disease-Specific Variables and Medications Taken in Older Adults with Parkinson's Disease Ju Young Shin, PhD, APRN, ANP-C, Associate

Professor, School of Nursing, University of Delaware, Newark, DE

P6: Behavioral Symptoms of Dementia, Interpersonal and Environmental Triggers, and Care Plans: A Qualitative Analysis

Bada Kang, MS, ANP, PhD Student, School of Nursing, Duke University, Durham, NC

#### P7: The UCLA Alzheimer's and Dementia Care Program: An Innovative Nurse Practitioner-Led Health System-Based Clinic

Leslie Chang Evertson, MSN, GNP-BC, Nurse Practitioner III, Dementia Care Manager, Department of Geriatrics, UCLA Health System, Los Angeles, CA

Kelsey Stander, MSN, BS, AGPCNP-BC, Nurse Practitioner and Dementia Care Manager, UCLA Health System, Los Angeles, CA

#### P8: Using Simulation to Recognize and Treat Sepsis in the Primary Care Setting

Heide Chaney, DNP, APRN, FNP-C, APRN, The University of Kansas Health System, Kansas City, KS

Carol Buller, DNP, APRN, Clinical Assistant Professor, School of Nursing, University of Kansas, Kansas City, KS

## P9: Early Identification and Treatment of Sepsis in a Post-Acute Setting

Heide Chaney, DNP, APRN, FNP-C, APRN, The University of Kansas Health System, Kansas City, KS

Carol Buller, DNP, APRN, Clinical Assistant Professor, School of Nursing, University of Kansas, Kansas City, KS

## P10: The Effect of Video Gaming on Physical Activity among Nursing Home Residents

Tomika Williams, PhD, AGPCNP-C, RN, Assistant Professor, East Carolina University, Greenville, NC

## Poster Presentations $\bigstar \bigstar \bigstar$

## P11: America's Health Rankings® Senior Report: Implications for Geriatric Providers

Alyssa Malinski Erickson, BA, Vice President, External Affairs, UnitedHealth Group, Minnetonka, MN Susan Mullaney, DNP, APRN, GNP-BC, Vice President, Center for Clinician Advancement, UnitedHealth Group, Minneapolis, MN Anne Yau, MPP, Vice President, External Affairs, UnitedHealth Group, Minnetonka, MN

## P12: Reduction of Falls in an Assisted Living Facility

Claire Cunningham, DNPc, BSN, RN, DNP Student, Adult Gerontology Primary Care Program, Rush University, Chicago, IL

## P13: Aging in China and USA: Lessons Learned from the Chicago-Shanghai International Geriatric Exchange

Valerie Gruss, PhD, GNP-BC, Clinical Associate Professor, University of Illinois at Chicago, Chicago, IL

## P14: The Symptom Experience of Older Men with Heart Failure Who Are Receiving Palliative Care

M. Janelle Culjis, PhD, RN, ANP, Director, Accelerated Second Bachelor of Science in Nursing (ASBSN) Program, California State University – Stanislaus, Stockton, CA

## P15: Effective Implementation of a Cardiac Patient Simulator across the Adult Gerontology Primary Care NP Curriculum

Sara McCumber, DNP, APRN, CNP, CNS, Associate Professor and Adult Gerontology Primary Care NP Coordinator, The College of St. Scholastica, Duluth, MN

## P16: Transforming the Resident-Centered Care Team to Include Ancillary Staff: Creating Team A.W.A.R.E.

Evelyn G. Duffy, DNP, AGPCNP-BC, FAANP, Associate Professor, Case Western Reserve University, Cleveland, OH

#### P17: Education of Nursing Staff to Enhance the Identification of Lung Cancer Screening Candidates and Facilitate Smoking Cessation

Jennifer Hartzband, MS, APRN, AGNP-BC, Nurse Practitioner, Interventional Pulmonology, Lenox Hill Hospital, New York, NY

Melissa Kramps, DNP, GNP-BC, NP-C, Nurse Practitioner, Northwell Health, Lenox Hill Hospital, New York, NY

## P18: Toward a Conceptual Framework of Opioid Use in Older Adults: Prescribing Patterns and Health Outcomes

Sharon Bronner, DNP, MSN, GNP-BC, ACHPN, End-of-Life Nursing Education Consortium (ELNEC) Trainer and Advanced Illness Trainer, Optum Care, New York, NY

Melodee Harris, PhD, APRN, AGPCNP-BC, GNP-BC, Assistant Professor, University of Arkansas for Medical Sciences, Little Rock, AR

Susan Mullaney, DNP, APRN, GNP-BC, VP Center for Clinician Advancement, UnitedHealth Group, Minneapolis, MN

Marcia Walmer, DNP, RN, PMHNP-BC, LCSW, ACSW, School of Nursing and Health Sciences, University of Missouri Kansas City, Kansas City, MO

## P19: Impact of Medicare Home Health Regulations on Patient Access and Outcomes

Evelyn G. Duffy, DNP, AGPCNP-BC, FAANP, Associate Professor, Case Western Reserve University, Cleveland, OH

J. Michelle Moccia, DNP, ANP-BC, CCRN, Program Director Senior ER, St. Mary Mercy Hospital, Livonia, MI

Susan Mullaney, DNP, APRN, GNP-BC, Vice President, Center for Clinician Advancement, UnitedHealth Group, Minneapolis, MN

Deborah Wolff-Baker, FNP, Northern California Medical Associates, Petaluma, CA

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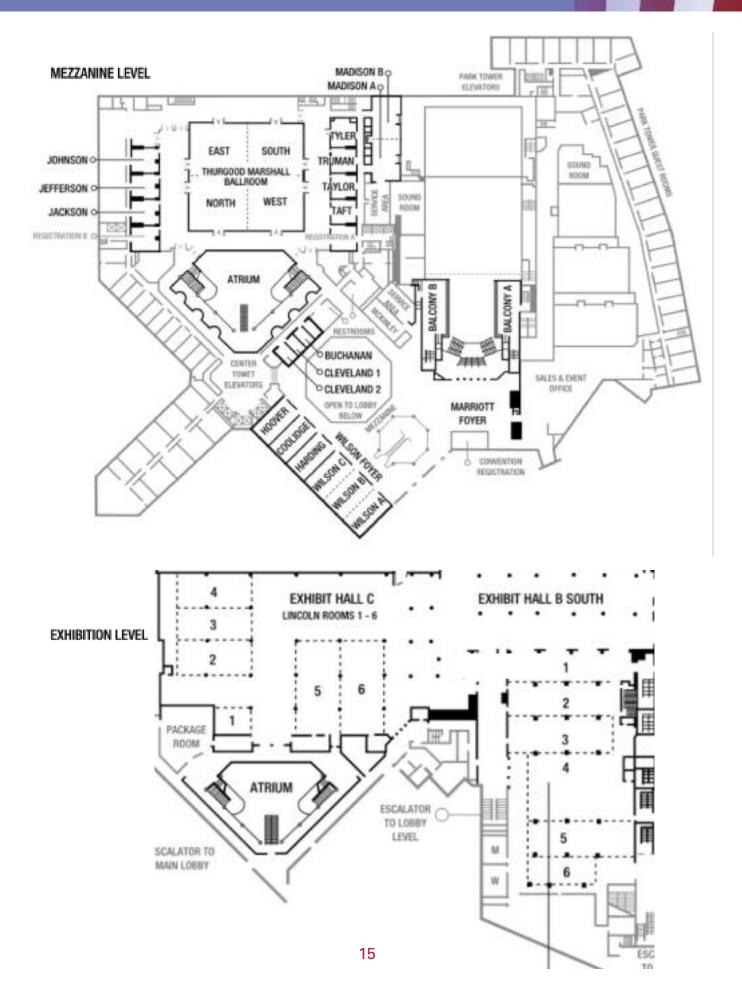


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## Hotel Floor Plan **★ ★ ★**



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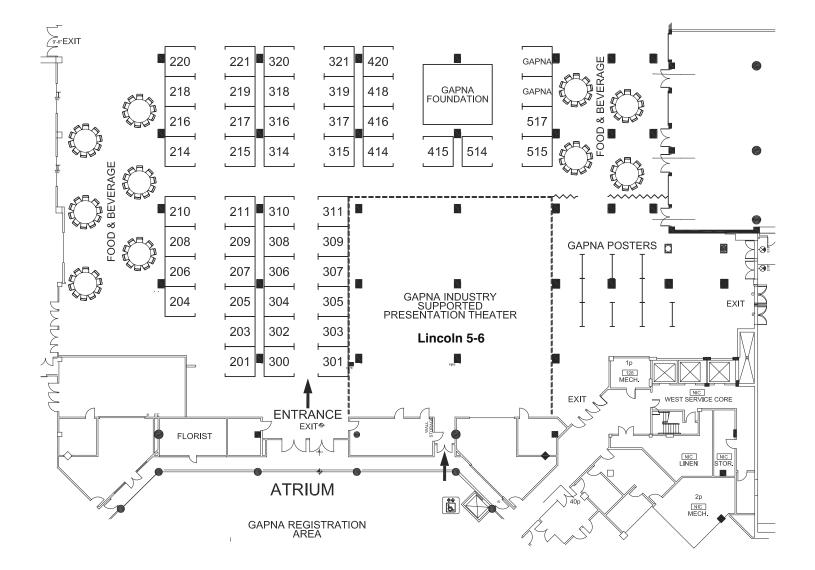








## Exhibit Hall Floor Plan **★ ★ ★**



## Exhibitors \star ★ ★

Acadia Pharmaceuticals www.acadia-pharm.com 3611 Valley Centre Drive Suite 300 San Diego, CA 92130 Booth #318

#418

Booth #517

### Adfinitas Health www.adfinitashealth.com 7250 Parkway Drive Hanover, MD 21076

For more than a decade, hospitals and post-acute facilities have trusted that we'll take superb care of their patients. Our skilled providers become an integral part of your care team, bringing our responsive service, focus on quality, and innovative programs to deliver value to you and your patients each and every day. Our comprehensive approach to care, which enhances coordination between hospital and postacute partners, translates to higher patient satisfaction and better patient outcomes through transitions in care.

American Geriatrics Society (AGS) 40 Fulton Street	Booth
18th Floor	
New York, NY 10038	
www.americangeriatrics.org	

Stop by AGS to learn about GeriatricsCareOnline.org, containing a wealth of geriatrics publications and clinical tools, including the *Geriatrics Nursing Review Syllabus* and teaching slides. Our 6,500 multidisciplinary member organization is dedicated to supporting professionals who are committed to improving the health of all older people.

## American Nurses Credentialing Center Booth #416 8515 Georgia Avenue Suite 400 Silver Spring, MD 20910 www.nursescredentialing.org

Astellas 1 Astellas Way Northbrook, IL 60062 www.Astellas.comus	Booth #514
AstraZeneca 1800 Concord Pike Wilmington, DE 19803 www.astrazeneca.com	Booth #315
Avadel 16640 Chesterfield Grove Rd	Booth #209

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Chesterfield, MO 65005

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Booth #308

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#### NSO **1100 Virginia Drive** Suite 250 Fort Washington, PA 19034 www.nso.com

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131 Bluebell Way	
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Paro Robots US, Inc. 150 E Pierce Rd Suite 550 Itasca, IL 60143

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Booth #309

## www.parorobots.com

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#### **Signify Health** 4055 Valley View Lane Dallas, TX 75244

## Booth #203

Signify Health partners with health plans, healthcare providers, and other medical companies to deliver care and essential services, especially to vulnerable populations. With an innovative technology platform, unique data set, and a national clinical network, the company provides tech-enabled care services to people within the routine of their daily lives to improve health and quality of life.

### Sizewise 8601 Monrovia Street Lenexa, KS 66215 www.sizewise.com

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Smith & Nephew 5600 Clearfork Main Suite 600 Fort Worth, TX 76109 www.smith-nephew.com	Booth #414
Sunovion Pharmaceuticals, Inc. 84 Waterford Drive Marlborough, MA 01752	Booth #206
SunPharma Long Term Care 2 Independence Way 2nd Floor Princeton, NJ 08540 Kapspargo Sprinkle (Metoprolol Succina (Metformin) indicated for residents who suff gia (difficulty swallowing) and Odomzo (Son for treatment of basal cell carcinoma.	fer from dyspha-
The Gideons International PO Box 140800 Nashville, TN 37214	Booth #319
Tooti Enterprise LLC 771 Jamacho Road El Cajon, CA 92019 www.tootimedical.com	Booth #214

Booth #310

## Gerontological Advanced Practice Nurses Association (GAPNA) Annual Conference 2019 Call for General, Concurrent, or Pre-Conference Workshop Abstracts

The GAPNA Planning Committee seeks abstract submissions for general session, concurrent session, or pre-conference workshop.

Presentation topics may address clinical best practices, innovative models of care, organizational change, unique strategies, and/or processes that improve outcomes and bridge gaps in care, analyses of current care, or case studies and be appropriate for presentation for APNs at an advanced level. Topic examples:

APN roles & responsibilities Advanced clinical topics Chronic disease management Pain management Acute care of older adults Preventive health care in the older adul Mental health of the older adult Cost-effectiveness of APNs Organizational issues and leadership Innovative clinical or practice projects Patient education programs New or adapted systems of care

## **Submission Deadline**

Abstracts must be received in the National Office by 12:00 am (midnight) Eastern time on December  $5^{th}$ .

## **Guidelines for Submission**

Visit gapna.org for complete submission specifications. Abstracts should be submitted using the format provided on the GAPNA website.

## **Review and Acceptance**

Abstracts are reviewed and selected by members of the GAPNA Planning Committee. Selection is based on applicability to the care of older adults, significance of theory or practice, clarity, quality of content, and originality.

## **Abstract Submission**

Kristina Moran, Education Coordinator GAPNA National Office East Holly Avenue, Box 56 Pitman, NJ 08071-0056 Email (preferred): kristina.moran@ajj.com Telephone: 856-256-2358 Fax: 856-589-7463

## Gerontological Advanced Practice Nurses Association (GAPNA) Annual Conference 2019 Call for Poster and Podium Abstracts

The GAPNA Education and Research Committees invite GAPNA members (current or upon abstract submission) to submit an abstract about their innovative work at the annual conference. Presentations should enrich the advanced practice registered nurse's knowledge and/or enhance the care of the older adult. Topics pertaining to advances in gerontological research or innovations in clinical practice change, nurse practitioner and clinical nurse specialist roles or educational programs, or patient education are encouraged.

First author of abstract selected for poster or oral podium presentation will be eligible for an award from the GAPNA Foundation. Select winning abstracts may be published in the GAPNA Newlsetter, on the GAPNA website, or in the journal, *Geriatric Nursing*.

## Submission deadline

Abstracts must be received in the National Office by 12:00 am (midnight) Eastern time on March 15<sup>th</sup>.

## **Guidelines for Submission**

Visit gapna.org for complete submission specifications. Abstracts should be submitted using the format provided on the GAPNA website.

## **Review and Acceptance**

Abstracts are reviewed and selected by members of the GAPNA Education and Research Committees. Selection is based on interest to advanced practice nursing, contribution to the care of older adults, clarity, and content. Innovative educational-focused abstracts should include enrichment of the knowledge of students, clients, and/or healthcare providers and identify NP or CNS national competencies or evidence-based guidelines, as appropriate.

## Abstract Submission

## Kristina Moran, Education Coordinator GAPNA National Office

East Holly Avenue, Box 56 Pitman, NJ 08071-0056 Email (preferred): kristina.moran@ajj.com Telephone: 856-256-2358 Fax: 856-589-7463





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# STOP MANAGING INCONTINENCE. START TREATING IT.



Percutaneous Tibial Neuromodulation (PTNM) delivered by the NURO<sup>™</sup> system is a minimally invasive therapy option that treats overactive bladder (OAB) and puts you – and your residents – in control.

# More than **70%**

of long-term residents are not in complete control of their bladder function.<sup>3</sup>

Adverse events with PTNM are typically temporary, and include mild pain, minor inflammation and bleeding near treatment site.



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While the NURO" device was not used in these studies, since it delivers equivalent stimulation therapy as the device used in the studies, a user can expect similar performance.

- Peters KM, Carrico DJ, Perez-Marrero RA, et al. Randomized trial of percutaneous tibial nerve stimulation versus sham efficacy in the treatment of overactive bladder syndrome: results from the SUmiT trial. J Urol. 2010;183(4):1438-1443.
- Peters KM, Macdiarmid SA, Wooldridge LS, et al. Randomized trial of percutaneous tibial nerve stimulation versus extended-release tolterodine: results from the overactive bladder innovative therapy trial. J Urol. 2009;182(3):1055-1061.
- Gorina Y, Schappert S, Bercovitz A, et al. Prevalence of incontinence among older Americans. Vital Health Stat 3. 2014; (36):1-33.

Indication for Use: Medtronic NURO<sup>™</sup> Percutaneous Tibial Neuromodulation is intended to treat patients with overactive bladder and associated symptoms of urinary urgency, urinary frequency, and urge incontinence.

**Contraindications:** Do not use on patients with pacemakers or implantable defibrillators, patients prone to excessive bleeding, patients with nerve damage that could impact either percutaneous tibial nerve or pelvic floor function, or on patients who are pregnant or planning pregnancy.

Warnings/Precautions/Adverse Events: Do not use if the skin in the area of use is compromised. Exercise caution for patients with heart problems. Adverse events are typically temporary, and include mild pain, minor inflammation and bleeding near treatment site. For full prescribing information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic's website at professional.medtronic.com/NURO. Product technical manual must be reviewed prior to use for detailed disclosure. USA Rx only. Rev 0915

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to learn more about what the NURO<sup>™</sup> system can do for your facility.

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