



# WELCOME

## **Hello Colleagues:**

Welcome to Boston! On behalf of the Board of Directors and National Office, thank you for supporting the 4<sup>th</sup> Annual GAPNA Pharmacology Conference, *Contemporary Pharmacology and Prescribing in Older Adults*.

This conference provides updated pharmacotherapeutic information along with the opportunity to network and interact with leading experts and industry representatives. GAPNA is also proud to offer the APRN Gerontological Specialist Exam (GS-C) for the first time at this conference. This is the only specialty certification that recognizes gerontological advanced practice nurses.

The Board and I would like to extend heartfelt appreciation to the Planning Committee for their countless hours and dedication in planning this year's conference. A shout-out to Katherine Evans, DNP, FNP-C, GNP-BC, ACHPN; Karen Tepper, MS, ANP-BC, LNHA; Karen Devereaux Melillo, PhD, A-GNP-C, FAANP, FGSA; Mary Foley, MSN, FNP-BC; Mary Miller, MSN, AGPCNP-BC; and Anne Marie Caron, DNP, RN, ANP-BC.

What better place to celebrate what we do every day to improve the care of the population we serve than the city where the first ever St. Patrick's Day parade was held? Looking forward to the next day and half with you and making a difference! Enjoy your time in Boston!

*"How wonderful it is that nobody need to wait a single moment before starting to improve the world." (Anne Frank)*

Sincerely,

J. Michelle Moccia, DNP, ANP-BC, CCRN  
*President, GAPNA*

*P.S. Please remember to complete your evaluations. Your comments help with planning next year's 5<sup>th</sup> annual pharmacology conference.*

care • continuity • connection



# Conference Schedule

## Contemporary Pharmacology and Prescribing in Older Adults

### THURSDAY, MARCH 15, 2018

4:00 pm – 8:00 pm

Registration Open

Location: Grand Ballroom B Foyer

6:00 pm – 7:00 pm

Industry-Supported Evening Presentation

(Light hors d'oeuvres will be provided/Seating is limited)

Reducing Exacerbation Risk in COPD

Location: Grand Ballroom B

Supported by Boehringer Ingelheim  
Pharmaceuticals, Inc.

7:00 pm – 8:30 pm

Opening Reception

Location: Statler

### FRIDAY, MARCH 16, 2018

6:30 am – 5:45 pm

Registration Open

Location: Grand Ballroom B Foyer

7:00 am – 8:00 am

Industry-Supported Breakfast Presentation

Trulicity® (dulaglutide)

(Breakfast will be provided/Seating is limited)

Location: Georgian

Supported by Lilly USA, LLC

8:00 am – 9:00 am

General Session

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

101: Conscientious Prescribing in Older Adults

Location: Grand Ballroom

Christine Eisenhower, PharmD, BCPS; Erica Estus, PharmD, BCGP

- After attending this session, the learner will have increased knowledge of age-related changes and prescribing & deprescribing strategies aimed at decreasing the risk for adverse events.

9:00 am – 9:45 am

Coffee Break/Networking/Exhibit Displays

Location: Statler

9:45 am – 11:15 am

General Session

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

102: Contemporary Heart Failure Management

Location: Grand Ballroom

Marvin Konstam, MD

- After attending this session, the learner will have an increased knowledge of existing and emerging treatment options for managing heart failure.

11:20 am – 12:20 pm

General Session

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

103: Antimicrobial Stewardship for Geriatric Specialists

Location: Grand Ballroom

Kerry LaPlante, PharmD, FCCP, FIDSA

- After attending this session, the learner will be able to identify opportunities to improve the treatment of infections in elderly populations through antimicrobial stewardship.

12:20 pm – 1:20 pm

Industry-Supported Luncheon Presentation

(Lunch will be provided/Seating is limited)

Management of NVAf Utilizing Clinical Data and Real-World Evidence, Including Elderly Patients with Nonvalvular AF and Implications for Long-Term Care

Location: Georgian

This lecture will discuss treatment options for patients with deep vein thrombosis (DVT) and pulmonary embolism (PE) and how they can reduce the risk of recurrent thrombotic events. It will also present options for reducing the risk of stroke in patients with nonvalvular atrial fibrillation (NVAf).

Supported by Janssen Pharmaceutical Companies of Johnson & Johnson

1:20 pm – 2:20 pm

General Session

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

104: Treatment of Common Mental Health Issues in Older Adults

Location: Grand Ballroom

Susan Rouse, PMH, CNS-BC, GNP-BC

- After attending this session, the learner will be able to understand the effect of age on pharmacokinetics and pharmacodynamics of psychotropic medications.

# Conference Schedule

**2:20 pm – 2:50 pm**  
**Refreshment Break/Networking/Exhibit Displays**  
**Location: Statler**

**2:50 pm – 3:50 pm**  
**General Session**  
1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**105: Safe Use of Non-Prescription Medications and Dietary Supplements in Older Adults: From Basic Pharmacology to Clinical Controversies**  
**Location: Grand Ballroom**  
*Kelly Orr, PharmD, AE-C*

- After attending this session, the learner will have increased knowledge of appropriate use of non-prescription medicines and dietary supplements for common conditions in older adults.

**3:55 pm – 5:25 pm**  
**General Session**  
1.5 contact hours (which includes 1.5 hours of pharmacology credit)

**106: Special Topics in Psychopharmacology**  
**Location: Grand Ballroom**  
*Geoffry Phillips McEnany, PhD, PMHCNS-BC*

- After attending this session, the learner will be able to identify current trends to psychopharmacologic treatment of older adults, based on current standards of practice and advancements in the knowledge of clinical psychopharmacology with a special focus on sleep and risks for medical/psychiatric comorbidities.

## SATURDAY, MARCH 17, 2018

**7:00 am – 1:15 pm**  
**Registration Open**  
**Location: Grand Ballroom B Foyer**

**7:00 am – 8:00 am**  
**Continental Breakfast/Networking**  
**Location: Statler**

**8:00 am – 9:00 am**  
**General Session**  
1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**201: Palliative Care: Addressing Pain and Symptom Management without “Giving Up”**  
**Location: Grand Ballroom**  
*Laura McNamara, AGPCNP-BC, ACHPN, CWCN-AP*

- After attending this session, the learner will be able to describe the benefits of palliative care services addressing pain and symptom management for those struggling with serious illness.

**9:05 am – 10:05 am**  
**General Session**  
1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**202: Wait: You Do What at Home? Taking Palliative Care Principles into the Home**  
**Location: Grand Ballroom**  
*Julia M. Gallagher, MD*

- After attending this session, the learner will be able to describe the range of palliative care needs along with clinical management approaches in a home-based palliative care program.

**10:05 am – 10:20 am**  
**Coffee Break/Networking**  
**Location: Statler**

**10:20 am – 11:20 am**  
**General Session**  
1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**203: Drug Eruptions in Elders**  
**Location: Grand Ballroom**  
*Victoria Lazareth, MA, MSN, NP-C, DCNP*

- After attending this session, the learner will have increased knowledge of cutaneous allergic hypersensitivity drug reactions, potential adverse cutaneous effects of immunosuppressive agents following OTR, convention chemotherapeutic agents, and targeted anti-cancer agents.

**11:25 am – 12:55 pm**  
**General Session**  
1.5 contact hours (which includes 1.5 hours of pharmacology credit)

**204: Hepatitis C – The Road to a Cure**  
**Location: Grand Ballroom**  
*Michelle Baytarian, MMSc, PA-C*

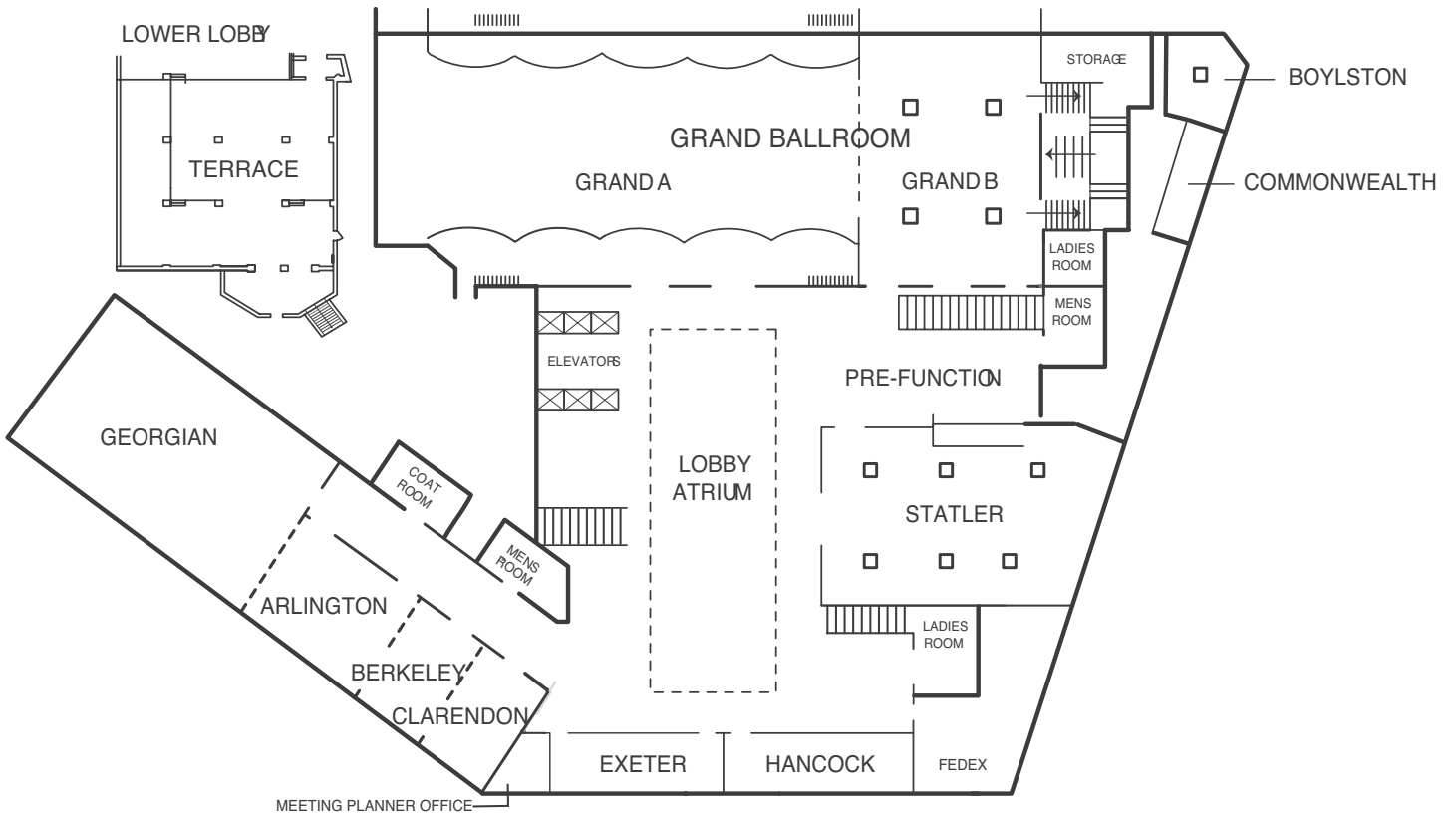
- After attending this session, the learner will be able to outline the currently available treatment modalities for hepatitis C.

**12:55 pm – 1:15 pm**  
**Closing Remarks**  
**Location: Grand Ballroom**

**1:30 pm – 6:00 pm**  
**Gerontological Specialist Certification Exam**  
**Location: Arlington/Berkeley**  
Pre-registration is required. Testing begins promptly at 2:00 pm.

# Hotel Floor Plan

## Mezzanine Level



# Continuing Education Information and Disclosure

## Learning outcome

After attending the conference, the participant will be able to apply updated information on pharmacotherapeutic agents to their prescribing practices for the older adult.

## Requirements for successful completion

Attend 90% of each session in which contact hours are earned, complete an online evaluation, and submit.

## Disclosures

**Planning committee:** No planning committee member discloses a potential or actual conflict of interest.

### Speakers:

Michelle Baytarian (session 204) discloses that she serves on the speakers' bureaus for Gilead, Merck, and Abbvie.

Marvin Konstam (session 102) discloses that he served as a consultant and/or DMC member for Amgen, BMS, Ironwood, Lianova, Novartis, and SC Pharma. He also discloses receipt of research support from Otsuka, Liva, and SC Pharma.

Kerry LaPlante (session 103) discloses the following: investigator-initiated research grant recipient from Merck (formerly Cubist Pharmaceuticals); investigator-initiated research grant recipient from Pfizer Pharmaceuticals; scientific advisor appointment from Allergan (formerly Forest Laboratories and Durata Therapeutics); investigator-initiated research grant recipient and FDA advisor for submissions for Ocean Spray Cranberries, Inc.; scientific advisor appointment from Achaogen, Inc.; and scientific advisor appointment from Zavante Therapeutics, Inc.

## Commercial support and sponsorship disclosure

No commercial support or corporate sponsorship was received for this program.

## Continuing nursing education

Gain continuing nursing education (CNE) contact hours for your professional development, recertification, and relicensure.

## Main conference:

Up to 11.5 contact hours

Friday, March 16: 7.0 contact hours

Saturday, March 17: 4.5 contact hours

All education sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the content outline. Pharmacology credit of 11.5 hours can be accumulated by any one person attending conference sessions.

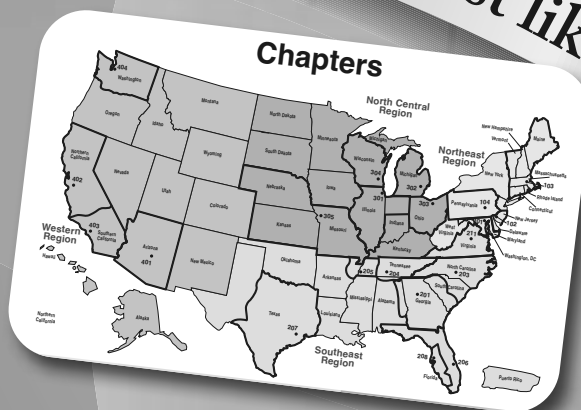
This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, provider number CEP 5387.

GAPNA urges all participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

## Find your local GAPNA chapter Network and grow with NPs just like you!

- 21 chapters nationwide
- Connect with APRNs in your area
- Improve your practice through local CE events
- Join [gapna.org/chapters](http://gapna.org/chapters)



**GAPNA**  
Gerontological Advanced  
Practice Nurses Association

Email [gapna@gapna.org](mailto:gapna@gapna.org) for more info, or to start a chapter in your area.

# Contemporary Pharmacology

& Prescribing in Older Adults

March 16-17, 2018

Boston Park Plaza • Boston, MA

## GAPNA's Online Library Includes:

- Conference handouts
- Online Evaluations/CNE
- Conference sessions (live audio recordings)
- Earn CNE credit for sessions you missed post event
- Access anytime, anywhere!

Evaluation  
Deadline Date:  
April 9, 2018

## HOW TO CLAIM CNE CREDIT

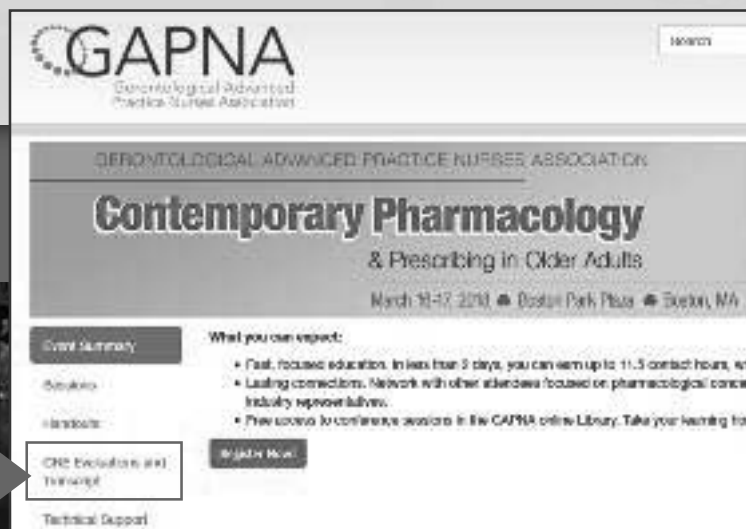
1. Log in at [gapna.org/pharm18CE](http://gapna.org/pharm18CE) with your GAPNA username and password.\*
2. Click on **CNE Evaluations and Transcript**. Then, simply complete an evaluation for each session you want to claim CNE credit for.

Please remember to complete the Overall Conference Evaluation as well. Your feedback helps us make each conference more successful!

Your CNE certificate/transcript for this conference can be accessed any time by clicking on **CNE Transcript** under **My Account**.

### If you do not create a new account:

If you do not know your password, if you or your employer mailed your registration, and/or you have never established a GAPNA online account, go to [gapna.org](http://gapna.org) and click on the **Log In** button, enter your email address, and click on "Forgot Your Password".



Visit the Digitell table near Registration for an onsite demonstration

Technical Support: 877-796-1325 | Other Inquiries: 800-679-3646 | Visit: [gapna.org/pharm18CE](http://gapna.org/pharm18CE)

# GAPNA Gives Back...

For the GAPNA 2018 Contemporary Pharmacology and Prescribing in Older Adults Conference in Boston, we are partnering with “*Little Brothers — Friends of the Elderly*” in order to give back to the local community of elders in need. Their mission is to relieve isolation and loneliness among the elderly. Since 1979, they have been working with persons age 70 and over who are without the benefit of family or adequate social contacts. Priority is given to elders living independently at, or below, the poverty line. If you would like to help GAPNA give back, please **drop off gift cards** of any amount (with the amount indicated) to **Target, Staples or Dunkin’ Donuts at the GAPNA Registration Desk.**



## GAPNA’s Rising Star

Helen Burns: Inspired Toward Gerontological Nursing Excellence

GAPNA’s latest Rising Star is Helen Burns, MSN, ANP-BC, AGN-BC, AOCNP, of the Great Lakes Chapter in Michigan. Helen has been a member of GAPNA for 4 years because she was inspired by our current national President, Michelle Moccia.

Helen is currently in a DNP program at Madonna University, and works for St. Mary Mercy Hospital in Livonia, MI, as the High Risk and Genetics Coordinator.

“Every nursing position I’ve ever held has involved working with older adults in some capacity,” said Helen. “I spent my early years in long-term care, and that experience fostered my compassion for frail older adults. As a medical-surgical RN, and then a chronic hemodialysis nurse, the majority of the population I cared for was older adults. I had the privilege of learning from an extremely gifted nurse practitioner who specialized in geriatrics during my NP education. Cancer is a disease that many older adults face, and my involvement in GAPNA has further equipped me to provide the best possible care to older adult patients facing cancer or risk for cancer.”

Helen manages the High Risk and Genetics Program in the Hope Cancer Center. She identifies patients at high risk for breast, colon, ovarian, uterine, prostate, and other cancers, and sets up individualized risk management plans for surveillance and prevention. She also provides genetic counseling and testing. “Genetics is a very exciting field of healthcare,”



explained Helen. “I love to construct pedigrees and educate patients about how family history impacts their risk for disease.”

Burns received her post-graduate genetics training at the City of Hope (Division of Clinical Cancer Genetics) in Duarte, CA, and remains an active member of their Clinical Cancer Genetics Collaboration of Practice. She was the first nurse practitioner in Michigan to obtain American Nurses Credentialing Center’s *Advanced Genetics Nursing* certification, and was privileged to present the story of her journey to the Centers

for Disease Control and Prevention (CDC) Cancer Prevention team in 2016. She is currently involved in a CDC-funded Michigan Department of Health and Human Services hereditary cancer surveillance project. As a newly elected member of the Michigan Cancer Consortium’s Board of Directors, she will serve with a focus on cancer prevention.

Helen has been married for 26 years to Dennis, with two daughters Hannah (age 22) and Devon (age 18). Helen is proud both of her daughters are working toward careers in healthcare (Hannah in dental and Devon in nursing). Helen is also active in her church and loves to cook.

“With older adults living longer than ever before,” said Helen, “I hope that our focus will be facilitating the best quality of life possible by focusing on health promotion and proactive disease prevention. It is an honor and a privilege to be a GAPNA member!”

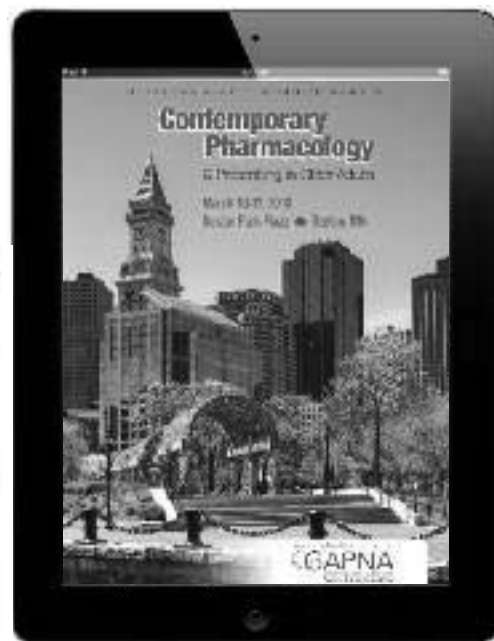


# Conference App and Social Media Information

Get the most out of your experience with GAPNA's conference app!

Use the app to:

- \*Learn more about the sessions
- \*Find and contact fellow attendees
- \*Post photos for all to see
- \*Connect to social media
- \*Earn points for a chance to be featured on the GAPNA Website



## Find us wherever you go!

Get GAPNA news and updates instantly and join the conversation with a community of nurse practitioners.

**Follow the action: #GAPNAPharm18**

Share your photos and stories before, during, and after the GAPNA Pharmacology Conference using the hashtag #GAPNAPharm18.

Let us know from where you're traveling, how sessions are going, or what you're doing in your down time. Give your friends and colleagues at home a look into your conference experience.



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