Annual Fall Conference 2022

Improving Outcomes after Surgery and Beyond, a Comprehensive Approach

Thursday, October 27, 2022

Join Us!
Plenty of Free Parking

Holiday Inn Plainview
215 Sunnyside Boulevard
Plainview, New York 11803
(516) 349-7400
Course Goal and Target Audience: NY/LISPEN’s goal is to encourage lifelong learning in all disciplines of nutrition support professionals by providing current, evidence-based educational conferences.

Successful Completion: To obtain full credit for this course, attendees must attend 5 hours of education and complete course evaluation.

The Commission on Dietetic Registration (CDR) is a Continuing Professional Education Accredited Provider. Approval has been requested for 6 continuing professional education unit (CPEU) for completion of this program.

This activity is co-sponsored with Southeastern Continuing Medical Education Consultants, LLC (SCMEC). SCMEC is accredited by the Accreditation council for Pharmacy Education as a provider of continuing pharmacy education.

Continuing education credit approval request pending for 1 credit hour for each speaker (total 5). David C. Evans, MD, FACS, Carol Rees Parrish MS, RDN; Kishore R Iyer, MBBS, FRCS (Eng), FACS; Amir Y. Kamel, PharmD, BCNSP; Carla Heiser MS LDN FAARFM

**Please note that NY/LISPEN is not arranging Continuing Education Credits for Physicians or Nurses**

Planning Committee Members

| Brooke McCaffrey, MS, RDN, CNSC | Kelly Carroll, RDN |
| Lisa Musillo, MS, RDN, CDN, CNSC | Mandy Li, MS, RDN, CDN |
| Mark Klang, MS, RPh, BCNSP, PhD | Colleen Moltzen, MS, RDN |
| Helen Kuenstler, MPA, RDN | |

NY/LISPEN wishes to thank our sponsors and exhibitors for making this conference possible.
NY/LISPEN Annual Fall Conference – October 27, 2022
Improving Outcomes after Surgery and Beyond, a Comprehensive Approach

8:00 – 8:45 AM  Registration, Continental Breakfast and Exhibits

8:45 – 9:00 AM  President’s welcome – Brooke McCaffrey, MS, RDN, CNSC

9:00 – 10:00 AM  Update in Surgical Nutrition: ERAS and Beyond
David C. Evans, MD, FACS, FASPEN
Trauma / Critical Care Surgeon and Medical Director, Nutrition Support Team, OhioHealth Grant Medical Center, Columbus OH; Adjunct Clinical Professor of Surgery, Ohio University

Learning Objectives: Discuss metabolic preparation of the surgical patient; Discuss appropriate preoperative screening and care pathways; Discuss specialized nutrients (immunonutrients, carbohydrate loading) and their impact on surgical care.

10:00 – 11:00 AM  Optimizing the Adult Patient with SBS: It’s About Gut “Traffic” Control!
Carol Rees Parrish MS, RDN
GI Nutrition Support Specialist, UVA Health, Charlottesville, VA

Learning Objectives: Describe all the factors contributing to diarrhea and malabsorption in short bowel syndrome (SBS); Optimize nutrition and hydration in the patient with SBS; Select and dose medications in a stepwise fashion to maximize absorption, improve quality of life, and achieve enteral autonomy where possible.

11:00 – 11:15 AM  Questions

11:15 – 11:30 AM  Coffee/Water Break, Exhibits

11:30 AM–12:30PM  Updates in Intestinal Failure
Kishore R Iyer, MBBS, FRCS (Eng), FACS
Director, Intestinal Rehabilitation & Transplant Program; Program Director, Transplant Surgery Fellowship, Professor of Surgery & Pediatrics at Mount Sinai Medical Center, Icahn School of Medicine at Mount Sinai, NYC, NY; Senior Surgery Fellow (Hon), ECHO Institute – University of New Mexico

Learning Objectives: Describe the current thoughts on the role of lipid emulsions in parenteral nutrition associated liver disease; Identify the benefits of specific pharmacologic agents used in intestinal failure and indications for use; Discuss the evolving role of intestinal transplant in intestinal failure.

12:30 – 1:15 PM  Lunch & Exhibits (“punch cards” for raffle prizes*)

1:15 – 1:30 PM  Announcements and raffle; prize winners

1:30 – 2:30 PM  Nutrition in Critical Illness: An Inflammation Focus
Amir Y. Kamel, PharmD, BCNSP
Clinical Assistant Professor, Clinical Pharmacy Specialist, Nutrition Support / Critical Care University of Florida Health Shands, Gainesville, FL

Learning Objectives: Discuss trajectory of critical illness and impact on substrate utilization; Review omega-3 fatty acids role in critical illness and literature summary; Describe specialized proresolving lipid mediators role in inflammation.

2:30 – 3:30 PM  Insights On The Gut Microbiome and Gastrointestinal Environment: Solutions for Metabolic, Inflammatory and Immune Impacts
Carla Heiser MS LDN FAARFM ABAAHP
Founder and Managing Partner, Avellino Group Ltd, Chicago, IL

Learning Objectives: Describe a whole systems approach to evaluating and remediating gastrointestinal symptoms based on clinical presentation and diagnostic testing combining allopathic and science based natural (food and nutrient) therapies; Distinguish systemic diseases linked to GI dysfunction and imbalances; Discuss diagnostic evaluations, the appropriate clinical connections, and science-based solutions.
Directions to **Holiday Inn Plainview**:

**From West:** Take Long Island Expressway (LIE) to Exit 46 Sunnyside Blvd toward Plainview, Keep right at the fork, follow signs for Sunnyside Boulevard, Turn left onto Sunnyside Blvd. The Holiday Inn will be ~0.1 miles on the right.

**From East:** Take LIE to exit 46 toward Sunnyside Blvd/Plainview, Merge onto N Service Rd, Turn right onto Sunnyside Blvd. Holiday Inn will be ~184 feet on the right.

**NY/LISPEN Contact** – Lisa Musillo - (Work) 516-296-4905 or lmusillo@numc.edu

**Registration Fee:** Current NY/LISPEN members: $65

Non-NY/LISPEN members: $100

Students: $45 (need to show student ID)

**Refund Policy:** Provide 72 hr notice to receive full refund for Registration, less service fee.

Join ASPEN and the NY/LISPEN chapter for membership benefits. Click below to get started.

[https://www.nutritioncare.org/About_ASPEN/Membership/Join_or_Renew_Today/](https://www.nutritioncare.org/About_ASPEN/Membership/Join_or_Renew_Today/)

*Please Register & Pay Online*
[https://nylispen.wixsite.com/lispen](https://nylispen.wixsite.com/lispen)

OR Register and Pay by mail by completing the *mail-in registration form* - see next page
Fall Conference Mail-In Registration/Payment Form
Thursday October 27, 2022

PLEASE PRINT CLEARLY

Name ________________________________________________________________

Address _____________________________________________________________

Email address _________________________________________________________

Phone # - Daytime ________________________ _____________________________

Mark Discipline:  RD ___ RN ___ MD ___ PharmD/RPh ___

Other: Please specify ________________________________

Affiliation:  _________________________________________________________

ASPEN Membership Number: _______________________________________

Amount Enclosed:  (mark choice below)

_____ $100 for non-NY/LISPEN member
_____ $65 NY/LISPEN members (MUST be a chapter member)
_____ $45 student fee (copy of student ID required)

Make check payable to:  NY/LISPEN

Mail to:  Mandy Li, RD, CDN
           68 Elmtree Lane
           Jericho, NY 11753
Email mandyli3189@gmail.com to provide notification of mailing.

Make a copy for your records.