32nd Annual Fall Nutrition Symposium
“Overcoming Challenges in Nutrition Support!!”


Date and Time: Thursday, 10/26/2023, 8:00 am to 12:00 pm

Location: Finnegan Auditorium
St. Elizabeth Youngstown Hospital
1044 Belmont Ave
Youngstown, OH, 44504
(Virtual Attendance also available)

Program:
- 7:00 am – 8:00 am – Registration, Continental Breakfast, and Exhibits
- 8:00 am – 8:15 am – Welcome and Opening Remarks – Vincent Vanek, MD, FACS, FASPEN
- 8:15 am – 9:15 am – Challenges in Parenteral Nutrition: When & What – Allison Alter, PharmD, BCPS, Nutrition Support Pharmacy Lead, The Ohio State University Wexner Medical Center, Columbus, OH
  **Learning Objectives:**
  1. List the appropriate indications for using PN
  2. Describe methods to optimize management and reduce the risk of PN-associated complications
  3. Describe the available Intravenous Lipid Emulsions (ILE) and how to decide which ILE to use
  4. Discuss when and how to use hypocaloric feedings
- 9:15 am – 10:15 am – Challenges in Enteral Nutrition in Critically Ill Patients – Michelle L. Schneider, MS, RD, CNSC, CTD, FASPEN, Lead Clinical Dietitian, Froedtert Hospital, Milwaukee, WI
  **Learning Objectives:**
  1. Describe when and how to start EN in critically ill patients
  2. Identify when EN can be used in hemodynamically unstable patients requiring vasopressors or ECMO therapy
  3. Discuss how to safely administer EN when proning ventilated critically ill patients
- 10:15 am – 10:45 am BREAK/EXHIBITS
- 10:45 am – 11:45 am – Challenges in Nutrition Support Ethics – Denise Baird Schwartz, MS, RD, FADA, FAND, FASPEN, Bioethics Committee Community Member, Providence Saint Joseph Medical Center, Burbank, CA
  **Learning Objectives:**
  1. Describe the development process of ethical practice competencies dealing with artificially administered nutrition and hydration
  2. Apply the ethical practice competencies to your clinical practice as demonstrated in case studies
  3. Disseminate the ethical practice competencies to other healthcare professionals
- 11:45 am to 12:00 pm – Closing Remarks – Vincent Vanek, MD, FACS, FASPEN

Registration & Registration Fee: see registration fees below. Click on the hyperlink to register and submit registration fee

https://www.nutritioncare.org/OSPENreg

- **In Person**
  - BSMH Employee* or OSPEN Member – $30
  - All Others – $40
  - Student – $10
- **Virtual Attendance** – $10

* BSMH Employees – please email vince_vanek@mercy.com for your Discount Code before going to the above registration link to register

Continuing Education for Dietitians will be available

For More Information: email OSPEN at OSPENChapter@gmail.com