



Elevating Skin Injury Prevention: Team Applications
Presented by Margaret Ecklund, MS, RN, CCRN-K, ACNP-BC
During the 2017 Annual Convention

Summary: Pressure injury prevention programs rely on each person who cares for the patient from admission to discharge. Ownership of prevention supports collaboration and successful implementation plans.

Nursing Implications:

- Braden scoring may not reliably predict pressure injury risk; however, with a focus on low sub scores (high risk) - interventions may contribute to pressure injury prevention.
- Low sub scores (high risk) - interventions may contribute to pressure injury prevention.
- Moisture-related interventions to protect skin from incontinence reduce pressure injury risks.
- Partnership with CAUTI initiatives can help with effective urine management when the catheter is removed.
- Skin care champion program - enlisting unit-based nurses and interdisciplinary team members to be the energy around prevention efforts, product utilization, and collaborate at a hospital level to share ideas.

Key Takeaways:

- Pressure injury prevention begins with routine comprehensive skin assessment and routine pressure injury risk scoring with interventions.
- Pressure injury prevention bundles embedded within electronic medical record workflows may contribute to reduced pressure injuries.
- Interdisciplinary collaboration through rounding contributes to effective skin injury prevention (including Braden sub score risks, management of diarrhea, medication review, device use/removal).
- Medical device related pressure injuries are a major cause of pressure injuries – and can be reduced with routine assessment under devices, assuring appropriate fit and considering padding if needed.
- Medical adhesive related skin injury (MARSI) can contribute to skin tears – preparing skin, using the most appropriate tape for skin type and removal with adhesive remover and gentle principles will reduce risk.

Link: <https://library.amsn.org/amsn/sessions/3322/view>

Copyright ©2020, Academy of Medical-Surgical Nurses (AMSN). No materials, including graphics, may be reused, modified, or reproduced without written permission.





References:

2014 Prevention and Treatment of Pressure Ulcers: Clinical Practice Guideline:
<http://www.npuap.org/resources/educational-and-clinical-resources/prevention-and-treatment-of-pressure-ulcers-clinical-practice-guideline/>

WOCN, Guideline for Prevention and Management of Pressure Ulcers (Injuries), 2016.

View a complete menu of REAL Briefs™ at amsn.org/real-briefs-convention.

Copyright ©2020, Academy of Medical-Surgical Nurses (AMSUN). No materials, including graphics, may be reused, modified, or reproduced without written permission.

